

COUNTY OF HUMBOLDT  
JOINT INFORMATION CENTER  
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FOR IMMEDIATE RELEASE  
March 29, 2021

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## One Death, 26 New Cases Reported Today

A Humboldt County resident has died with COVID-19, and 26 additional cases have been reported since the most recent report Friday. One case recorded previously was determined to be from another jurisdiction and was deducted from the count. The total number of county residents who have tested positive for the virus now stands at 3,473.

The person who died was in their 80s. This marks the 36<sup>th</sup> death related to COVID-19. Humboldt County Public Health and Emergency Operations Center staff extend their condolences to the person's friends and loved ones.

Public Health recently updated its Travel Guidance from November 2020 to include recommendations from the Centers for Disease Control and Prevention (CDC) for testing before and after traveling, stating it is recommended to get tested one to three days before travel and three to five days after returning.

The advisory points to CDC and California Department of Public Health guidance that still strongly discourages all non-essential travel beyond 120 miles from one's place of residence, or to other states or countries. In addition:

- Do not travel if sick.
- If traveling, reduce risk by wearing a face mask and distancing, avoid spending time indoors with people you don't live with, limit the number of people you interact with, don't share vehicles with those you don't live with and avoid or limit meals and gatherings with people you don't live with.
- Upon return, plan to quarantine up to 14 days depending on conditions.

"Vaccination is helping to make travel safer but there is significant concern about variants and so, until we know more, it is important to continue to exercise caution in order to minimize the spread of COVID-19 variants," the updated Humboldt County Travel Guidance states.

Read the updated Travel Guidance at  
[humboldt.gov/DocumentCenter/View/94303/Updated-Travel-Guidance-PDF](https://humboldt.gov/DocumentCenter/View/94303/Updated-Travel-Guidance-PDF).

For the most recent COVID-19 information, visit [cdc.gov](https://cdc.gov) or [cdph.ca.gov](https://cdph.ca.gov). Local information is available at [humboldt.gov](https://humboldt.gov) or during business hours by contacting [covidinfo@co.humboldt.ca.us](mailto:covidinfo@co.humboldt.ca.us) or calling 707-441-5000.

Some Safeway and CVS Pharmacy locations are offering COVID-19 vaccination appointments.

See if there are appointments available for your age group or sector at one of these locations by clicking on the links below.

Safeway: <https://www.mhealthappointments.com/covidappt>

CVS Pharmacy: <https://www.cvs.com/immunizations/covid-19-vaccine?icid=cvs-home-hero1-link2-coronavirus-vaccine>.

Local COVID-19 vaccine information: [humboldt.gov/VaccineInfo](http://humboldt.gov/VaccineInfo)

Humboldt County COVID-19 Data Dashboard: [humboldt.gov/Dashboard](http://humboldt.gov/Dashboard)

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Humboldt Health Alert: [humboldt.gov/HumboldtHealthAlert](http://humboldt.gov/HumboldtHealthAlert)

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