



New Employee Assistant Program Coming Soon – January 1st, 2021!

Starting on January 1, 2021, Anthem EAP will be the new Employee Assistance Program (EAP) provider for the County of Humboldt. Through Anthem EAP, you and your eligible household family members **have access to five (5) counseling sessions** with local licensed mental health professionals to address a variety of concerns such as substance abuse, depression, family and relationship issues, stress and work-related problems. Sessions can be attended in-person, telephonically, or virtually through LiveHealth Online.

LiveHealth Online

With Anthem EAP, you now have access to private and convenient virtual sessions through LiveHealth Online. To get started, call Anthem EAP and request virtual visits. Once you have received authorization, access LiveHealth Online by visiting www.livehealthonline.com or downloading the LiveHealth Online app on your mobile device. Be "Visit Ready"!

Get Started with Anthem EAP

- By phone: (833) 954-1067
- By web: www.AnthemEAP.com
 - Click on the Member log in button
 - When asked for the company name enter PRISM

Reminder: Transitioning from MHN EAP

If you are currently utilizing EAP services provided by MHN, you may continue to work with their counselors and other service providers until services are completed.

Once services are exhausted through MHN, you can call Anthem EAP for any new EAP-related needs. To confirm if a provider is in the Anthem EAP network, visit www.AnthemEAP.com and log in. You may also contact Human Resources for a copy of current Anthem EAP providers in the area.

Questions?

Additional Anthem EAP information, including brochures reach out to Human Resources at (707)268-3669 or email at riskmgmt@co.humboldt.ca.us.

For more information regarding Anthem EAP, visit www.AnthemEAP.com.