

# In Home Supportive Services Advisory Board *News Bulletin*

## EMPLOYMENT FOR PEOPLE WITH DISABILITIES

The In-Home Supportive Services Program serves people of all ages, not just adults with disabilities and seniors, but also children and those of working age. Many are unaware of AB925 legislation that allows IHSS hours to be transferred to the workplace. AB925 was signed into law September 2002.

Below is an excerpt from Disability Benefits 101:

“You can use IHSS personal care services to help you get, keep, or return to work. IHSS that can be performed in the workplace include meal preparation and cleanup, personal care services (except routine bed baths), and paramedical services. IHSS hours cannot be used for assistance with college courses or vocational training. To use IHSS personal assistance hours at the workplace, you must first contact your IHSS worker and specify the number of hours and services you need.”

**Note:** You can request to transfer IHSS hours to the workplace, but you cannot request additional hours specifically for use at the workplace.

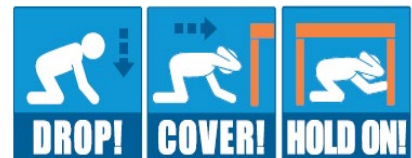
*(see back for an example)*

## Emergency Preparedness: A Journey Taken One Step at a Time

Take a step or two to better prepare yourself for an earthquake by practicing drop, cover, and hold on (see chart).

### Protect Yourself During Earthquakes!

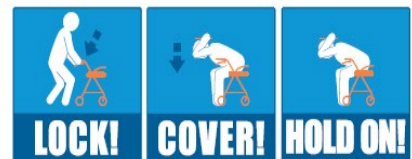
IF  
POSSIBLE



USING  
CANE



USING  
WALKER



USING  
WHEELCHAIR



## Have you signed up to win \$50.00?

As mentioned in our last IHSS News *IHSS News Bulletin* the Advisory Board launched its “Refer a Friend” campaign on June 1, 2018; it will run through June 30, 2019. If a current Care Provider refers a friend to become a Care Provider, each have an opportunity to WIN a \$50.00 gift card. The person referred must complete the entire enrollment process and get hired by a recipient to be eligible. A total of four (4) drawings will take place in the next year! So- let’s be successful and see our network of providers grow...refer a friend! **Call 707 476-2100**



### Community Switchboard CALL 211

This service is available seven (7) days a week, **24 hours a day and offers fast, free and confidential assistance**. Resource specialists are waiting to assist you. Just dial 2-1-1 to get connected to a live resource specialist who can answer questions about and help you find local programs & resources.



## MYTH BUSTERS

**Myth:** As a recipient, I am totally responsible for hiring my care providers and have no help!

**TRUTH:** Yes, you are responsible for hiring your care providers, but the staff of IHSS are happy to help you. They provide names of workers from the Registry, give you counseling and techniques for interviewing prospective workers, and even attend interviews with you.

Questions please call staff at: **476-2100**

*Continued from front about work hours*

### Example:

You’re authorized 80 hours of IHSS for use at your home. You request to use 20 hours at your workplace. Your caseworker may approve those 20 hours, and if that happens, you will then have 60 hours of IHSS at home. “

**NEXT EDITION:** Information about **Electronic Timesheets** and how to access the great features offered.



Humboldt County IHSS  
Public Authority  
605 K Street  
Eureka, Ca. 95501