1. **How do I know if I need to get tested?**
   St. Joseph Hospital has provided an online assessment tool to help you determine if you need to see a doctor related to COVID-19. To take the assessment, go to:  

2. **I don’t have a provider, where do I go?**
   Emergency departments at local hospitals are the last-resort medical facilities for people to go to if they don’t have a medical provider. Please call ahead before seeking medical care.

3. **How do I clean my space after potential exposure?**
   The Centers for Disease Control and Prevention (CDC) has provided the following recommendations:  
   They have also provided a list of recommended cleaning products:  

4. **I just returned from travel to a place that has COVID-19, what do I do?**
   The CDC has provided guidance for people returning from travel to high risk areas and within the U.S. as well.  

5. **Should I be self-quarantining or self-isolating?**
   People considered to be at a higher risk for serious illness from COVID-19 should self-isolate and distance themselves from others as much as possible.
   If you currently have symptoms similar to those of COVID-19 (cough, fever, shortness of breath, etc.), you should stay at home, distance yourself from others, and practice everyday preventive measures:  

6. **Is my child’s school closed and for how long?**
   The Humboldt County Office of Education has a page dedicated to updating that information:  
   [https://hcoe.org/covid-19/](https://hcoe.org/covid-19/)