



Arcata Police Department

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October 29, 2019

Humboldt County Administrative Office
825 Fifth Street, Rm 112
Eureka, CA 95501

Re: City of Arcata Measure Z Quarterly Report

Measure Z 1st Quarterly Narrative Fiscal Year 2019-20

1. Please describe the Measure Z activities completed and/or total numbers served or reached.

During the 1st quarter, Arcata Police Department officers responded to 266 school related incidents for the 1st Quarter of Fiscal Year 2019-20.

As of October 31st, 2019, the Juvenile Diversion Counselors (JDC's) provided services to 261 K-12th grade students and families in the 3rd Supervisorial District and the western portion of the 5th Supervisorial District (west of Berry Summit), with direct services and case management. Our two Juvenile Diversion Counselors and a School Resource Officer continue to serve the Northern Humboldt area, including McKinleyville, Arcata, Bluelake, Trinidad and Samoa areas. The program was referred 130 cases via law enforcement (e.g., APD, HCSO, EPD, Juvenile Probation), and 141 school (Student Attendance Review Board) referred cases.

Arcata Police Department's Juvenile Diversion Program is actively working on preventative strategies for our youth in the Northern Humboldt area. JDC's work with other service providers in the area to enable youth and families to gain access to community resources, activities and services.

In addition, Juvenile Diversion has been involved in Sources of Strength Training held on both McKinleyville High School and Arcata High School campuses. Sources of Strength is designed to increase help-seeking behaviors and promote connections between peers and caring adults, ultimately preventing suicide, bullying, and substance abuse. Between the two campuses there are 120 youth trained as Sources of Strength peer leaders. Arcata Police Department's Juvenile Diversion with the assistance High school staff are planning another training in the near future.

Juvenile Diversion has also supported Arcata High's Interact Club's local and international community service projects and programs. Arcata High's Interact club had 40 participating members. Interact promotes leadership, job readiness, and citizenship in our local youth.

Juvenile Diversion restarted the Sunshine Circle program at Arcata Elementary School and plans to run it for 8 weeks. The Sunshine Circle program provides a trauma-informed approach to teaching elementary school-aged youth emotion regulation, social skills, and works to build appropriate child-adult relationship dynamics. The Sunshine Circle program is currently serving 4 children from Kindergarten to 2nd Grade.

Juvenile Diversion is committed to continuing to offer the well-attended Parent Project Series. The 11-week series will begin in late February. The class is for all parents and will focus

on prevention and intervention techniques for behaviors such as running away, truancy, and drug use. In addition to Parent Project classes the Juvenile Diversion Counselors began offering Loving Solutions parenting classes to the Northern Humboldt area. Loving Solutions offers classes similar to Parent Project, but to parents of younger children. These classes empower parents of youth (Kindergarten to 5th grade) to address unwanted behaviors at school and in the home to improve family functionality. The current class is serving 12 families and will end in November. The multi-agency collaboration and presentations during these classes provide parents with community resources, support, access to mental health services, and parent support groups.

The City of Arcata requested and received a one-time grant from the Orvamae Emmerson Endowment Fund held at the Humboldt Area Foundation to provide additional financial support for the costs associated with facilitating Loving Solutions and Parent Project classes.

- 2. What difference did Measure Z funding make in our community and for the population you are serving? Please discuss evidence of effect (e.g., community indicators, outcomes, etc.).*

Diversion has been referred 261 cases since it's October 2016 inception. In the most recent quarter 50% of referrals were marijuana related, 13% assault, 13% truancy, 5% fire, 5% theft, 5% incorrigible juvenile and 9% welfare checks. Of our referrals in the last quarter, 59% of our referrals were juvenile male 41% were juvenile females.

Diversion provided Brief Intervention Drug and Alcohol Counseling (an evidence-based alcohol and other drug program for adolescents) to 112 youth with drug related citations or school infractions that resulted in them being placed on a suspension to expulsion contract rather than expelling them from school. Our records show 89% successful completion rate of students in the program. Success is measured by completion of counseling, increased school attendance, and absence of further offenses.

Five percent of youth, due to the seriousness of their crime or criminogenic needs, did not qualify for Diversion services. Six percent of our youth with Law Enforcement citations or Suspension to Expulsion contracts failed to fulfil their Diversion agreements. Failure is measured by not completing community service, continuing to violate the law, no improvement in school attendance, and/or failure to show up to several Diversion meetings.

Sixteen percent (16%) of youth struggling with mental health disorders such as depression, anxiety, and/or substance use disorders were successfully entered into Humboldt County Mental Health Services for Family Functional Therapy, Alcohol and Other Drug Counseling, individual counseling, or other services.

The JDC's will continue to be active community partners with the following multi-agency teams and participate in monthly-quarterly meetings to better serve our community: Multi-Agency Crisis Intervention Team (collaboration with local law enforcement departments, DHHS, and other community partners to serve local homeless/houseless and mentally ill populations), Child Abuse Services Team, SARB, Arcata and McKinleyville High Schools, Humboldt Allies for Substance Abuse Prevention, Juvenile Justice Delinquency & Prevention Commission, and Suicide Prevention Network. The APD Diversion team will also collaborate with Humboldt County Sheriff's Office Gang Resource Intelligence Team.

3. *Describe any unanticipated impacts of receiving Measure Z funding, positive or negative, not already described above.*

At this time, we have not experienced any unanticipated impacts of receiving Measure Z funding.

Sincerely,

A handwritten signature in black ink, appearing to read "Brian Ahearn", followed by a long horizontal line extending to the right.

Brian Ahearn
Chief of Police