



Arcata Police Department

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July 7, 2019

Humboldt County Administrative Office
825 Fifth Street, Rm 112
Eureka, CA 95501

Re: City of Arcata Measure Z Quarterly Report

Measure Z 4th Quarterly Narrative Fiscal Year 2018-19

- 1. Please describe the Measure Z activities completed and/or total numbers served or reached.*

During the 4th quarter, Arcata Police Department officers responded to 199 incidents on school campuses and 637 incidents for the year (see attached spreadsheets).

As of the Fourth Quarter the City of Arcata has filled the positions for two Juvenile Diversion Counselors and a School Resource Officer serving the Northern Humboldt area, including McKinleyville, Arcata, Bluelake, Trinidad and Samoa areas.

As of June 30, 2019, the Juvenile Diversion Counselors (JDC's) provided services to 245 K-12th grade students and families in the 3rd Supervisorial District and the western portion of the 5th Supervisorial District (west of Berry Summit), with direct services and case management. The program was referred 120 cases via law enforcement (e.g., APD, HCSO, EPD, Juvenile Probation), and 125 school (Student Attendance Review Board) referred cases.

Arcata Police Department's Juvenile Diversion Program is actively working on preventative strategies for our youth in the Northern Humboldt area. Our Juvenile Diversion Counselors have attended and participated in forums and trainings to address our indigenous populations' specific needs, including McKinleyville High School's Success in both Worlds Conference and UIHS' Tribal Opiate Summit.

Juvenile Diversion is currently working on a grant with Northern Humboldt Union School District to address youth tobacco and vape use. In addition, Juvenile Diversion has been involved in Sources of Strength Training held on both McKinleyville High School and Arcata High School campuses, the most recent was held on May 20, 2019. Sources of Strength is designed to increase help-seeking behaviors and promote connections between peers and caring adults, ultimately preventing suicide, bullying, and substance abuse. Between the two campuses there are 120 youth trained as Sources of Strength peer leaders.

Juvenile Diversion has also supported Arcata High's Interact Club's local and international community service projects and programs. Arcata High's Interact club had 40 participating members (13 to 18 years of age). Juvenile Diversion also piloted a 5-week Sunshine Circle program at Arcata Elementary School. Sunshine Circles provide a trauma-informed approach to teaching elementary school-aged youth emotion regulation, social skills, and works to build appropriate child-adult relationship dynamics. The Sunshine Circle program served 6 children grades Kindergarten to 2nd Grade.

Arcata Police Department's Juvenile Diversion Counselors will be expanding the Parent Project classes offered by adding a Loving Solutions parenting class to the Northern Humboldt area. Loving Solutions offers similar classes as Parent Project, but to parents of younger children. These classes empower parents of youth (3rd to 8th grade) to address unwanted behaviors at school and in the home to improve family functionality. The multi-agency collaboration and presentations during these classes provide parents with community resources, support, access to mental health services, and parent support groups.

2. *What difference did Measure Z funding make in our community and for the population you are serving? Please discuss evidence of effect (e.g., community indicators, outcomes, etc.).*

Diversion provided Brief Intervention Drug and Alcohol Counseling (an evidence-based alcohol and other drug program for adolescents) to 102 youth with drug related citations or school infractions that resulted in them being placed on a suspended/expulsion contract. Our records show a 95% successful completion rate of students in the program. Success is measured by completion of counseling, increased school attendance, and absence of further offenses. Sixteen percent (16%) of youth struggling with mental health disorders such as depression, anxiety, and/or substance use disorders were successfully entered into Humboldt County Mental Health Services for Family Functional Therapy, Alcohol and Other Drug Counseling, individual counseling, or other services.

The JDC's will continue to be active community partners with the following multi-agency teams and participate in monthly-quarterly meetings to better serve our community: Multi-Agency Crisis Intervention Team (collaboration with local law enforcement departments, DHHS, and other community partners to serve local homeless/houseless and mentally ill populations), Child Abuse Services Team, SARB, Arcata and McKinleyville High Schools, Humboldt Allies for Substance Abuse Prevention, Juvenile Justice Delinquency & Prevention Commission, and Suicide Prevention Network. The APD Diversion team will also collaborate with Humboldt County Sheriff's Office Gang Resource Intelligence Team.

In addition to previous services, Juvenile Diversion hopes to expand services by offering Sunshine Circles again for at least 8 weeks in the fall.

3. *Describe any unanticipated impacts of receiving Measure Z funding, positive or negative, not already described above.*

At this time, we have not experienced any unanticipated impacts of receiving Measure Z funding.

Sincerely,

A handwritten signature in cursive script, appearing to read "Brian Ahearn", followed by a long horizontal line extending to the right.

Brian Ahearn
Chief of Police