



Connie Beck, Director  
Social Services | Public Health | Mental Health

## news release

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Dec. 13, 2018

### Behavioral Health Board seeking new members

Do you or a family member have experience with the local mental health system? Consumers of mental health services, their family members and transition-age youth are encouraged to lend their insight by serving on the Humboldt County Behavioral Health Board (BHB). Members advocate for behavioral health services to the Humboldt County Department of Health & Human Services (DHHS) Mental Health branch in addition to advising on alcohol and other drug (AOD) issues.

BHB members serve three-year terms and meet monthly with DHHS staff and county representatives. Subcommittees of the board include the AOD/Dual Recovery Committee and the Children and Families Committee.

Tim Ash, chair of the Humboldt County Behavioral Health Board, said membership offers a great opportunity to learn about services and policies around mental health and substance use in our community. "As board members it is our role to provide DHHS and the Board of Supervisors with input regarding those services and service gaps based on our personal experiences," he said. "We recruit a diverse group of members to ensure that all voices and perspectives are considered."

For more information, email DHHS Executive Secretary Joe McManus at [jmcmamus@co.humboldt.ca.us](mailto:jmcmamus@co.humboldt.ca.us). Applications are accessible online at [www.humboldt.gov/426/Behavioral-Health-Board](http://www.humboldt.gov/426/Behavioral-Health-Board).

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