



CITIZENS' ADVISORY COMMITTEE ON *MEASURE Z* EXPENDITURES

(Advisory Committee will make recommendations to the Humboldt County Board of Supervisors as to expenditure of funds derived from *Measure Z*.)

APPLICATION FOR FUNDING

RECEIVED

FEB 16 2017

CAO

Agency Name: Kunle Centre

Mailing Address: P.O.Box 6224 Eureka, CA 95502

Contact Person: Linda O'Hara Scott

Title: Secretary

Telephone: (707) 442-3588

E-mail address: Lohara320@yahoo.com

1. AMOUNT OF MEASURE Z FUNDING REQUESTED FOR FY 2017-18: \$54,268.00

2. ENTITY TYPE -- Please check appropriate box.

- a. Humboldt County Department
- b. Contract Service Provider to Humboldt County
- c. Local Government Entity
- d. Private Service Provider
- e. Non-Profit Service Provider
- f. Other

3. Please provide brief description of proposal for which you are seeking funding.

Kunle Centre volunteers are filling service gaps in the current mental health system and increasing accessibility to services for residents in Humboldt County. There is also a need to be addressing issues regarding access to services that residents in many areas of the county face due to lack of transportation, lack of nearby services in more rural areas and poverty. The Kunle Centre warm line is a local, peer-operated non-emergency line. This talk line is staffed with trained volunteers who provide callers with proactive, preventative support before a crisis is reached, with the added advantage of linking callers with local resources. The line was established in October, 2016. Callers may discuss disappointments, a stressful day, depression, suicidal thoughts, obtaining referrals, negotiating obstacles in the mental health system, other mental health issues, stress, anxiety, etc. The warm line is currently open Friday through Sunday from 6 p.m. until midnight [(707) 599-2381]. As more volunteers are recruited and trained days and hours will be expanded. Kunle Centre will be available to adults who were traumatized as children.

The warm line is available to residents of Humboldt County who are 18 years of age or older regardless of ethnicity, race, socioeconomic status, religion, sexual orientation, gender identification, etc.

4. *Measure Z* funding is scheduled to “sunset” in 2020. How are you developing a plan for sustainability, including diversification of funding sources, in order for your proposal to carry on without reliance on future *Measure Z* funds?

Services will be sustained through future grants, donations, and in-kind contributions. Currently, we are utilizing a conference room (for free) at the Eureka Community Health and Wellness Center to hold our meetings, as well as our support groups and events, such as a film showing and dinner, which we have held over the past two years.

5. If this request is for the continuation, or expansion, of an existing program/service, what is the current source of funding for that program/service?

Kunle Centre’s warm line currently has a \$10,000 grant for the warm line and peer support. Kunle Centre has approached other funders, such as the McLean Foundation, Arcata Foundation and other viable sources to increase our granting rate. Kunle Centre should be hearing from these possible granters soon.

6. If you are awarded *Measure Z* funds, how will you use them to leverage additional grants, contributions, or community support?

Kunle Centre has a grant writer who is also the volunteer coordinator. The volunteer coordinator will be able to find and write appropriate grants for Kunle Centre if there is a salary. The volunteer coordinator will contact The Foundation Center in San Francisco, CA where there are grants that match Kunle Centre’s criteria for what the Centre is trying to accomplish in Humboldt County. Kunle Centre will garner community support by contacting people from the community and letting them know what Kunle Centre is about and asking them for help in this process. Kunle Centre may be able to have the program manager gather names of individuals from our community to call to ask them for help with Kunle Centre’s endeavors.

7. Will this proposal require new or expanded activity on the part of another entity to be fully functional and effective? If so, please describe.

ATTACHMENTS—Please include the following with your application

Proposal Narrative: Brief description of your request for *Measure Z* funds – Please explain how it is an essential service or for public safety. (one page maximum)

Prior Year Results: If your request is a continuation of a program funded with *Measure Z* in prior fiscal years, please provide the results of implementation. (one page maximum)

**KUNLE CENTRE
EXPENSE BUDGET FOR 2017-2018**

SALARIES AND FEES for STATE & FEDERAL	KUNLE EXPENSES	REQUEST FOR FUNDING
Program Manager	14,505.00	\$ 14,505.00
Program Manager - Fees	3,481.00	\$ 3,481.00
Program Coordinator	9,825.00	\$ 9,825.00
Program Coordinator - Fees	2,358.00	\$ 2,358.00
Subtotal: Salaries	\$ 30,169.00	\$ 30,169.00

ADMINISTRATIVE SUPPLIES and EQUIPMENT: NOT REQUESTING	KUNLE EXPENSES	REQUEST FOR FUNDING
Office Supplies	1,339.00	
Equipment	249.00	
Postage	94.00	
Meeting Refreshments	1,280.00	
Subtotal: Administrative Supplies and Equipment:	\$ 2,962.00	

OPERATING COSTS	KUNLE EXPENSES	REQUEST FOR FUNDING
Marketing and Advertising	1,008.00	
ListServe and NorCAN	170.00	
Consulting Fees	515.00	
Fundraising, Program Development	750.00	
Rent	7,200.00	7,200.00
Utilities	600.00	
Phone	840.00	
Background Checks	600.00	
Travel and Mileage	432.00	
Program Evaluation	360.00	
Insurance	1,200.00	
Staff Training	16,899.00	16,899.00
Subtotal: Operating Costs:	\$ 30,574.00	\$24,099.00

	KUNLE EXPENSES	REQUEST FOR FUNDING
TOTAL	\$ 63,705.00	\$54,268

AMOUNT REQUESTING FROM MEASURE Z	\$54,268.00
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I declare under penalty of perjury under the laws of the State of California that the above statements and all attachments are true & correct.

Linda O'Hara-Scott

2/16/17

Proposal Narrative:

Humboldt County had 43 documented suicides in 2015. This is approximately 2.6X the national average of 12 per 100,000 (U.S. Census Bureau, Humboldt County Coroner). The Yurok Tribe announced a state of emergency in 2016 after seven deaths by suicide in the small community of Weitchpec (120 residents, Suicide Prevention Network, 2016) occurred within an 18-month period (Times-Standard, 2016). Normal wait times to see a mental health professional, even in the county's most resourced city of Eureka, can be weeks or months for those on Medi-Cal or Medicare for whom practitioners and resources are especially limited and needs for support are particularly high. Per Mental Health branch interim Medical Director and psychiatrist Dr. Jonathan Greenberg and Mental Health Medical Staff President and psychiatrist Dr. Jasen Christensen, "Humboldt County [mental health division] is on the verge of collapsing due to the lack of retention and recruitment, and by poor administrative decisions and management," (Times-Standard, 2015). Disenfranchised mental health clients need an alternative to and assistance with navigating the current inadequate mental and behavioral health services available in Humboldt County.

Having a warm line might preclude some individuals from getting to the point where they feel their only course of action is terminal.

Prior Year Results

The Kunle Centre, in 2016, researched and adopted proven training models, recruited and trained volunteers, created partnerships with local organizations, produced outreach materials, arranged and facilitated support groups, (Color Daze and Suicide Attempt Survivors Support group), performed outreach to the community through local family resource centers, had meetings with individuals of the Humboldt Co. Board of Supervisors, posted flyers and brochures via bulletin boards and information tables at various events throughout the county including Hoopa, Garberville, and other outlying areas. A needs assessment was performed at tabling events (10 questions on a Likert scale that addressed items such as "Is there a need for a warm line in Humboldt County?"). Bulk mailings have been sent to mental health providers, medical clinics, mental health agencies, hospitals, and other emergency services.

Kunle Centre volunteers visited the Iverson Center located in Chico, CA to compare their talk line with the warm line.