



Humboldt County Transition-Age Youth Collaboration (HCTAYC)

HCTAYC seeks to improve services youth receive as they transition to adulthood. HCTAYC believes that because young people are experts in the systems that impact them, this expertise is vital in system transformation. HCTAYC helps build skills in the areas of youth development, policy change, youth advocacy, community engagement and wellness. HCTAYC provides training related to engaging youth and developing youth-informed approaches.

Check the TAY calendar for workshops dates. RSVP to staff@hctacy.org. Please check out the HCTAYC page on Facebook at facebook.com/hctayc or on Instagram @hctayc_

TAY Vocational Counselor

TAY has a Vocational Counselor who is available to meet with you one-on-one. Services may include: educational support, job search guidance, resume building and interview practice. **Employment Training Division Vocational Counselor Garrett Snedaker 707-362-7668.**

Resources

St. Vincent De Paul 11-1 p.m. daily, 35 Third St., Eureka. Free Meals

Salvation Army Monday, Wednesday and Friday, 11– 2 p.m. 2123 Tydd St., Eureka. Food Bags.

Betty Chinn Day Center Monday– Friday, 3:30-4:30 p.m. 133 Seventh St, Eureka. 707-407-3833

Food Not Bombs Sundays, 4 p.m. Arcata Plaza, and 3 p.m. Eureka Gazebo

Food for People Monday through Friday, 1720 10th St, Eureka, 707-407-0447, call for an appointment

Free Produce Stand at Jefferson Community Project, Saturdays, 10 a.m., 1000 B St., Eureka

Farmers' Market at Arcata Plaza, Saturdays, 9 a.m. to 2 p.m. CalFresh accepted.

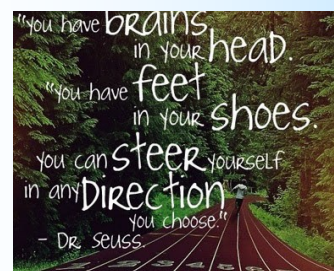
Transitional Housing Youth Services Bureau 707-444-2273

2-1-1 has a comprehensive list of resources available.

Humboldt Mutual Aid helps with groceries, hot meals, plant starts and gardening advice, humboldtmutualaid.org or covidmutualaid.hc@gmail.com

Raven Project Tuesdays & Thursdays 1:30-5:30, and Saturdays 12-5 p.m. 523 T St. Eureka 707-443-7099

CalFresh apply at humboldt.gov/calfresh or call (877)410-8809.



Independent Living Skills Program

The ILS Program is a voluntary program designed to assist youth in transitioning from the foster care system. All California counties are mandated to provide some form of Independent Living Skills services. Youth who have been in foster care after their 16th birthday are eligible for ILS services until the day before their 21st birthday. Youth are referred to the program by their Social Worker or Probation Officer. Humboldt County's ILS Program offers three types of services: **workshops, special events and individual services.** To encourage participation, the ILS Program provides incentives for participating in workshops. For more information about Humboldt County's ILS Program, call ILS Coordinator Erica Carrillo at 707-572-9795.

December 2022

Questions about COVID-19?
Contact Humboldt County Public Health at 707-445-6201.

Free Services

Betty's Showers Tuesday, Thursday, and Saturday from 8-11 a.m. 35 W. Third St., Eureka. 707-407-3833

AHHA Upcoming Showers please call 707-298-1466

Free Cell Phones and cell phone plans. 1-888-898-4888 SAFELINK Program 707-502-1462.

TAY
Transition
Age Youth
division
707-476-4944
433 M St. Eureka



TAY Staff

ILS Coordinator

Erica Carrillo 707-572-9795

Extended Foster Care

Social Workers

Brassily Ubedei 707-502-7159

Alexa Costa 707-572-9967

Myles McClure 707-502-6169

Robert Lopez 707-298-8478

HCTAYC Youth Organizer

Calla Peltier-Olson 707-382-7312

Rosemary Shultz 707-298-5190

Kelsey Reedy 707-298-5184

Peer Coaches

Stacey Farmer 707-273-8927

Sarah Leiteritz 707-502-6323

Jessica Coats 707-499-3589

Nyx Austin 707-296-5770

Counselors

Ryan Green 707-382-7855

Alyssa Thom 707-599-2413

Anna Anguiano 707-267-8286

Corrina Williams (707)296-4688

Employment Training

Division Vocational Counselors

Garrett Snedaker 707-362-7668

Mental Health Case Managers

Julio Agosto Laboy 707-572-0216

Yolanda Bowdoin 707-382-0630

Alisha Fielder 707-298-8810

Brianna Penner 707-502-5029

TAY Supervisors

Dana Taylor 707-382-7663

Sarah James 707-296-0244

Sonya Levy-Boyd 707-496-0683

December Events: Happy Holidays from TAY!

Mood Groups: 12/1, 12/8, 12/15, Thursdays from 1-2:30 p.m. If you are interested, please contact your clinician, case manager, social worker or peer coach.

Alternatives to Suicide Support Groups: Mondays from 6-7:30 p.m. Zoom link: <https://www.zoomgov.com/j/1605229687> Meeting ID: 160 522 9687

Solstice Workshop: 12/14 from 3:30-5 p.m. Contact Sarah L at 707-502-6323

Holiday Baking Workshop: 12/22 from 3-4:30 p.m. Contact Nyx at 707-296-5770

HCTAYC YAB Committee Meetings: meet every first and second Monday and third and fourth Wednesday of the month 4-5:30 p.m. as well as the first Tuesday of the month 4-6 p.m. For more information, email staff@hctayc.org.

TAY Drop-in Closed: 12/26

The Adolescent Treatment Program (ATP) offers services for people ages 12 to 18 who are concerned about their substance use and looking to make healthy changes. We provide transportation, links to resources, case management, nutritious snacks, and gift cards to support positive efforts. We see people in the office, at home, or in the field. We enjoy taking clients on fun adventures to the beach, the zoo, the skatepark, local trails, etc. Individuals who want to talk with us about services or set up an appointment, do not need a parent/ guardian's permission, although having a supportive adult available is encouraged. Clients must be Medi Cal eligible. Please email Supervisor Shari Morley LMFT smorley@co.humboldt.ca.us call at 707-601-7620 or you can leave a voice message at ATP@co.humboldt.ca.us or call 707-441-3773.

The DHHS Employment Resource Center offers daily workshops to help community members work towards employment, self-sufficiency, and reaching their goals. Workshops include Acing the Interview, Resumes, Discovering your Skills, Goal Setting, Mindfulness, and more! Everyone is welcome! Call or e-mail the Employment Resource Center to sign up, at 707-441-4600, or email ETD-Clerical@co.humboldt.ca.us.

The Forgotten Initiative The Forgotten Initiative offers free clothes, shoes, pajamas, blankets, toys, books, car seats, baby swings and toiletries for foster youth and caregivers. If you have questions please call **Sarah Everest** to schedule an appointment at **760-669-4970**.

California Youth Connection (CYC) CYC is a youth-led organization that develops youth leaders who empower each other and their communities to transform the foster care system through legislative and policy change. It is open to current and former foster youth ages 14 to 24. If you are interested in applying for the CYC, contact **Meribe Martin** at **916-651-6254**, or Meribe@calyouthconn.org.

TAY is open for services on Mondays, Wednesdays and Fridays from 8:30-10 a.m. & 1- 4 p.m. We are currently a "No Chill" zone until further notice to prevent the potential spread of COVID-19. Upon arrival, you are expected to have your own mask/face covering. A health screening will be asked at the door. You must maintain 6 feet of social distancing, and only 2-3 people allowed at a time. Staff reserve the right to ask you not to enter for safety reasons. We're sorry for the inconvenience. Please contact the TAY Center staff you work with individually to set up appointments. Not all staff members will be available during these hours. HCTAYC and YAB activities are available through conference calls and via online communication.

WIOA STEP UP: For young adults 16-24

Looking for a job? Thinking about school? Apply for STEP UP! We offer: one on one case management, job search assistance, job related skills training, interview preparation, financial assistance for books, tuition, transportation, work clothing and more. You are eligible if you are between ages of 16-24, **AND** receive CalFresh or Medi-Cal, **OR** are involved with foster, juvenile or family court system, are pregnant or parenting, have unstable housing, found school to be challenging or have acquired a GED or high school diploma. Please contact our STEP UP case manager **Cassandra Crawford** at **707-630-2922**.

H.E.A.P. (Homeless Emergency Assistance Program)

If you are age 16 to 26 and are houseless or couch surfing, you are eligible for resources and peer support at the TAY Center! In 2019, HCTAYC received a grant from HEAP, and the Youth Advocacy Board discussed and voted on which supplies will be available. All young people that qualify will be connected with services through peer support. They will also have access to food and essentials. Additionally, they qualify for access to on and offsite supplies such as camping gear, hygiene kits and other life necessities. For more information, please call the TAY Center at 707-476-4944, or come in during drop-in hours.