



Education  
Assistance  
EOPS



Free  
Job  
Help

Extended Opportunity Programs and Services (**EOPS**) is a state-funded program designed to provide financial assistance, support and encouragement for eligible low-income students attending college. EOPS is located in the Learning Resource Center in the College of the Redwoods Library. **Please contact the EOPS office with any questions 707-476-4270.**

TAY has a Vocational Counselor who is (**the best**) available to meet with you one-on-one. Services may include: GED preparation, educational support, job search guidance, resume and interview practice. **Miranda Fortenberry, Employment Training Division Vocational Counselor 707-362-7668.**

### Independent Living Skills Program

The ILS Program is a voluntary program designed to assist youth in transitioning from the foster care system. All California counties are mandated to provide some form of Independent Living Skills services. Youth who have been in foster care after their 16th birthday are eligible for ILS services until the day before their 21st birthday. Youth are referred to the program by their Social Worker or Probation Officer. Humboldt County's ILS Program offers three types of services: **workshops, special events and individual services.** To encourage participation, the ILS Program provides incentives for participating in workshops. For more information about Humboldt County's ILS Program, call Levi at 707-502-8626.

### Dining Resources

**Free Produce Stand** at Jefferson Community Project, Saturdays, 10 a.m., 1000 B St., Eureka

**Food Not Bombs** Sundays, 4 p.m., Arcata Plaza

**Food for People** Monday through Friday, 307 W. 14th St., Eureka, 707-445-3166

**Fortuna Community Services** Third Wednesday of every month 11:30 a.m. to 1:30 p.m., 2331 Rohnerville Road.

**Farmers' Market** at Arcata Plaza, Saturdays, 9 a.m. to 2 p.m. CalFresh accepted.

**Transitional Housing Youth Services Bureau** 707-443-8322

**Street Outreach Program Raven Project** 523 T St., Eureka, 707-443-7099.

## Fall is here!

Join us at the TAY office during drop-in on Wednesdays beginning October 3, 2018 starting at 2 p.m. Activities include a food demo, arts and crafts, a trip to the pumpkin patch, pumpkin carving, a costume contest, dancing and more. First, second and third place winners of the costume contest will receive prizes. Food, beverages, and transportation will be provided.

If you have any questions or would like to RSVP, please contact **Levi at 502-8626.**



## October 2018

### TAY Drop-in

Stop in Wednesdays between 2 and 4:45 p.m.

Discuss your goals and how to accomplish them.

Get bus passes.

Use the computer, printer and fax machine to apply for school or work.

Ask questions about TAY services.

Meet with a counselor, peer coach or Independent Living Skills Coordinator.

Participate in drop-in activities.

**TAY**  
Transition  
Age Youth  
division

707-476-4944  
433 M St. Eureka

## ILS Coordinator

Levi Frisk 707-502-8626

## Extended Foster Care

### Social Workers

Evan Alves 707-296-0155

Sarah Clements 707-476-4941

Erica Ashby 707-296-0019

## HCTAYC Youth

### Organizers

Leah Lammatina 707-845-8998

Calla Peltier-Olson 707-382-7312

### Peer Coaches

Stacey Farmer 707-476-4944

Cody Hoyt 707-296-5012

### Counselors

Sarah Duncan 707-382-1642

Ryan Green 707-382-7855

Corina Martinez 707-298-5014

Alyssa Thom 707-599-2413

## Employment Training

### Division Vocational Counselor

Miranda Fortenberry 707-362-7668

### Mental Health Case Managers

Sheri Daily-Comeaux 707-382-7881

Yolanda Bowdoin 707-382-0630

Alisha Fielder 707-298-8810

### WRAP Coordinator

Dani Widmark 707-382-7355

### TAY Supervisors

Dana Taylor 707-382-7663

Diana Williams 707-599-8647

Sonya Levy-Boyd 707-496-0683

TAY Staff

# TAY

## Transition Age Youth division

### October Doings

#### Casey Life Skills Assessment

Thursday, Oct. 4, all day

#### Create an iFoster account

Monday, Oct. 15, all day

#### CalFresh Run

Tuesday, Oct. 16, 2:30 p.m.

#### DMV Run

Monday, Oct. 22, 2:30 p.m.

#### Farmers' Market Run

Tuesday, Oct. 23, 10 a.m.

#### Social Security Run

Monday, Oct. 29, 2:30 p.m.

To RSVP for ILS activities, please call  
**Levi at 707-502-8626.**



## Free Services

**Betty's Showers** Mondays and  
Wednesdays from 8 a.m. to noon  
35 W. Third St., Eureka

**Free Haircuts** at Frederick & Charles  
Salon 831 F St., Eureka 707-443-2733

**Free Cell Phones** and cell phone  
plans. 1-888-898-4888 or the SAFE-  
LINK Program 707-502-1462.

## StepUP for Youth Jobs

The Humboldt County Workforce Development youth services program, is designed to help eligible youth engage with training and work experience programs. StepUP has youth program operators (YPOs) in five regions of our rural county. If you are interested in learning more, please contact the YPO in your region.

<http://www.humboldt.gov/1668/Youth>

## Humboldt County Transition-Age Youth Collaboration (HCTAYC)

HCTAYC seeks to improve services youth receive as they transition to adulthood. HCTAYC believes that because young people are experts in the systems that impact them, this expertise is vital in system transformation. HCTAYC helps build skills in the areas of youth development, policy change, youth advocacy, community engagement and wellness. HCTAYC provides training related to engaging youth and developing youth-informed approaches.

## California Youth Connection (CYC)

CYC is a youth-led organization that develops youth leaders who empower each other and their communities to transform the foster care system through legislative and policy change. It is open to current and former foster youth ages 14 to 24. If you are interested in applying for the CYC, call **Leah at 707-845-8998.**

# October 2018