



About Mobile Intervention Services Team (MIST)

Implemented in early 2015, the Mobile Intervention and Services Team (MIST) works with people who are homeless and need help stabilizing their mental illness and securing the services and assistance they need to avoid further problems. MIST was the first step in a series of planned, evidence-based interventions that allow Eureka Police Department (EPD) and Department of Health and Human Services (DHHS) attempt to provide the best possible solutions for people who need help and reduce the social disorder that is often associated with some segments of the homeless population. A DHHS mental health clinician is teamed with EPD officers in the field to make initial contact with individuals in the target population and provide assistance. A case manager also works with clients to provide follow up care and connect them to necessary services such as outpatient mental health counseling, medication support, alcohol and other drug services, housing or shelter, and linkage to medical and nutrition services.

Target Population

The target population of MIST includes clients with severe mental illness who are:

- Homeless or at risk of being homeless
- Have frequent encounters with law enforcement
- At risk of involuntary hospitalization, institutionalization, or placement in out of home care
- Frequent users of hospital and/or emergency room services as the primary resource for mental health treatment

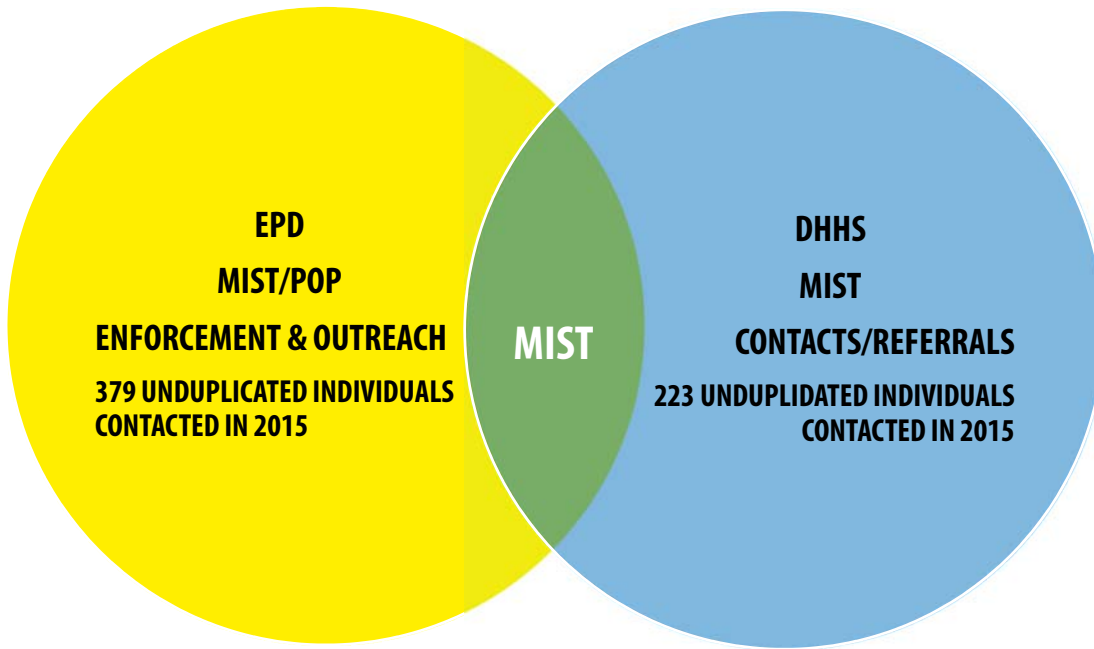
Expected Outcomes

The goal of the partnership between EPD and DHHS is to increase outreach, assessment, and treatment to individuals with a severe mental illness who come to the attention of law enforcement. Intended outcomes from the implementation of MIST are:

- Decreased numbers of Law Enforcement encounters with Mental Health clients
- Decreased Emergency Department admissions
- Decreased number of Psychiatric Hospitalizations
- Decreased Crisis Stabilization Unit admissions
- Decreased incarceration
- Decreased 5150 holds
- Decreased arrests
- Reduced homelessness



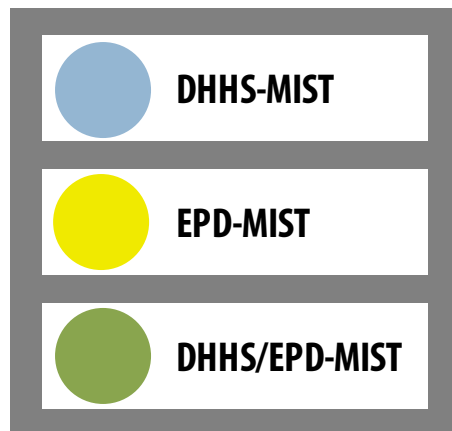
MIST – AN INTEGRATED PROGRAM



Source: EPD MIST Spreadsheet & MIST Contact Form

EPD and DHHS have designated staff providing outreach and service linkage to the homeless population in Eureka, working together to best connect homeless individuals with mental health needs to the most appropriate services. Intensive engagement efforts are made by both DHHS and EPD to connect homeless individuals to the services available to them. The graphic above presents the partnership efforts with the shared goal of focusing intensively on those who meet the MIST criteria, which includes homeless with severe mental illness, frequent encounters with law enforcement, at risk of involuntary hospitalization, and frequent users of emergency medical services and/or acute psychiatric services.

The header bars have been color-coded throughout this report to indicate which sections apply to DHHS-MIST, EPD-MIST, and integrated DHHS/EPD-MIST (legend below).



CLIENT DEMOGRAPHICS (DHHS-MIST)

223

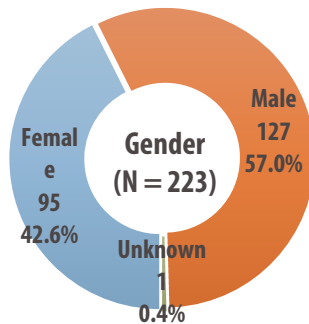
Unique Individuals Contacted*

1,209

Total Contacts

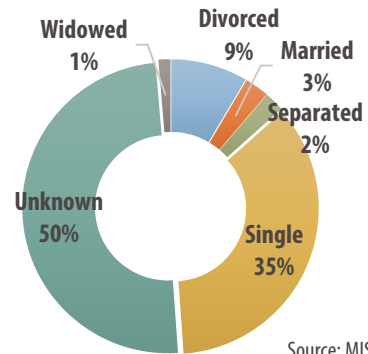
Data presented represents all clients contacted by DHHS-MIST staff based on information received by the DHHS Research and Evaluation (R&E) unit for the period of January 2015 through December 2015.

*Note that unique counts of individuals are by program; therefore, some individuals will be duplicated between DHHS and EPD.



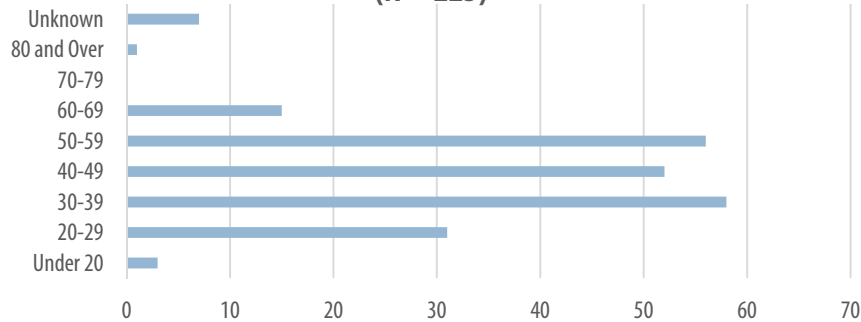
Source: MIST Contact Form

Client Marital Status at Most Recent Contact (N = 223)



Source: MIST Contact Form

Client Age at First Contact (N = 223)



Source: MIST Contact Form

Age Statistics for MIST Clients



Average

42

Median

44

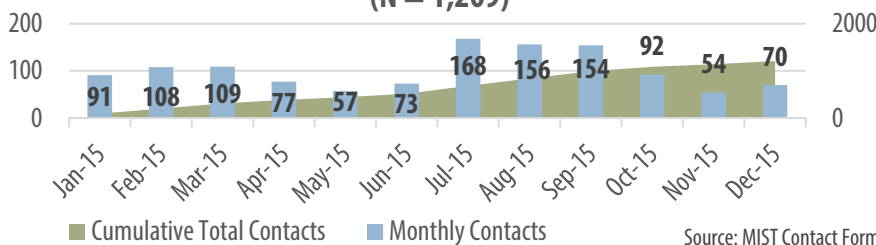
Range

14-87

Source: MIST Contact Form

CLIENT CONTACTS (DHHS-MIST)

Contacts by Month (N = 1,209)



Source: MIST Contact Form

The number of contacts will be higher than total number of clients given that most clients are contacted more than once. As of this reporting period, there were a total of **1,209** contacts.

Contacts Per Client



Average

5.4

Median

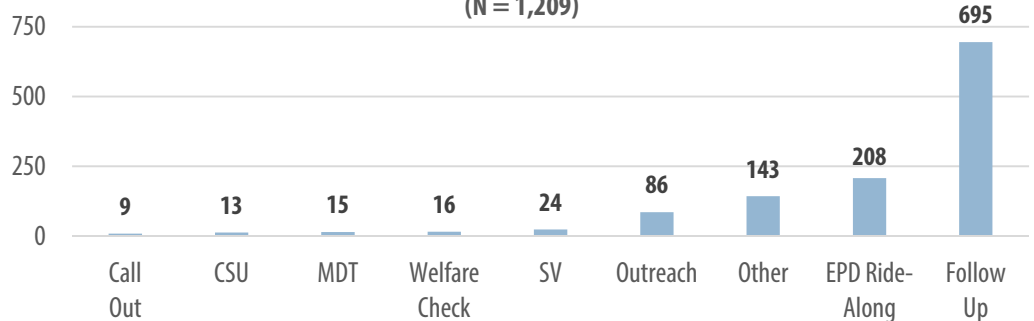
1

Range

1-104

Source: MIST Contact Form

Number of Contacts Made by Contact Type (N = 1,209)

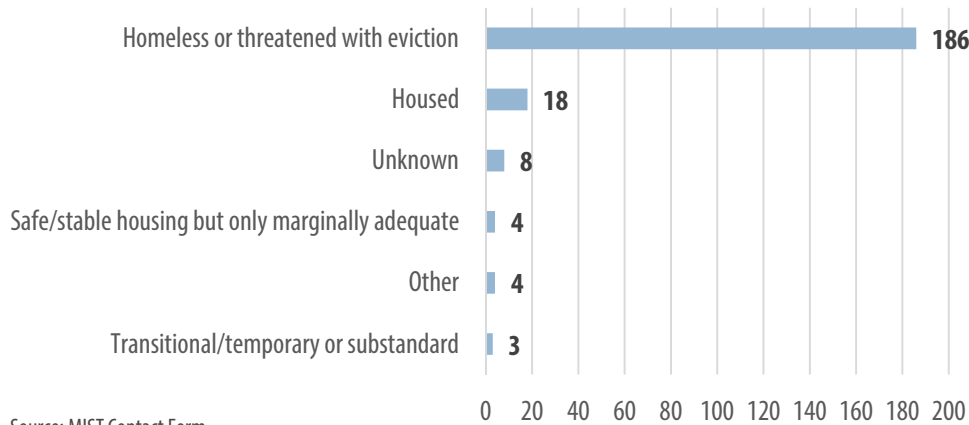


Source: MIST Contact Form

CLIENT HISTORY (DHHS-MIST)

Data in this section address housing status, events which have taken place in clients' past, as well as food and medical services which are already in place.

Client Living Arrangement at First Contact
(N = 223)



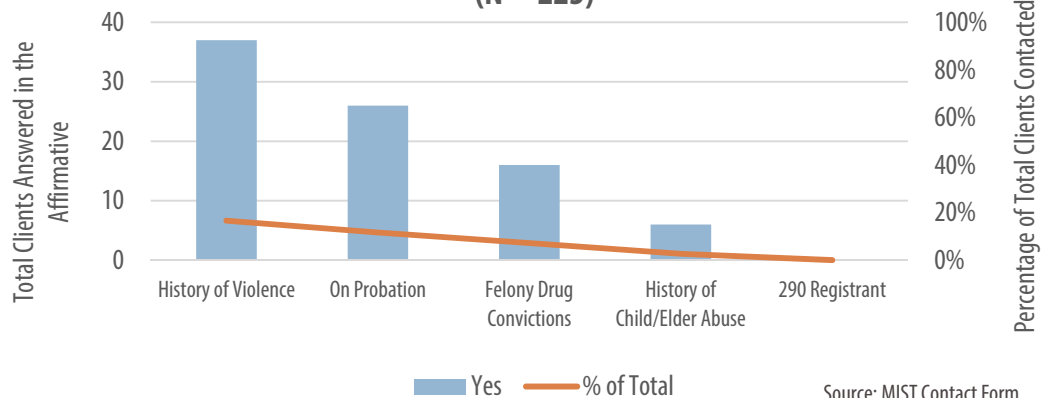
83% of clients are reported as homeless or threatened with eviction at first contact

Source: MIST Contact Form

A client is included in each count if they have self-reported any of the applicable barriers or services at any point of contact with MIST.

Client History That May Be Barriers to Stable Housing
(N = 223)

17% of clients are reported as having a history of violence

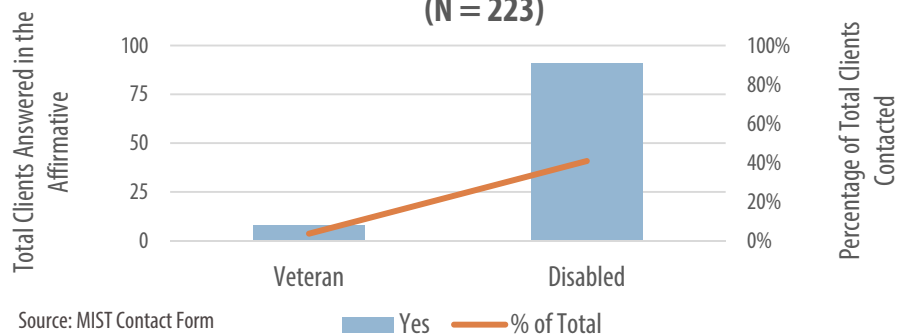


Source: MIST Contact Form

A client is included in each count if they have self-reported being a veteran or having a disability at any point of contact with MIST.

41% of clients are reported as having a disability

Client Veteran and Disability Status
(N = 223)

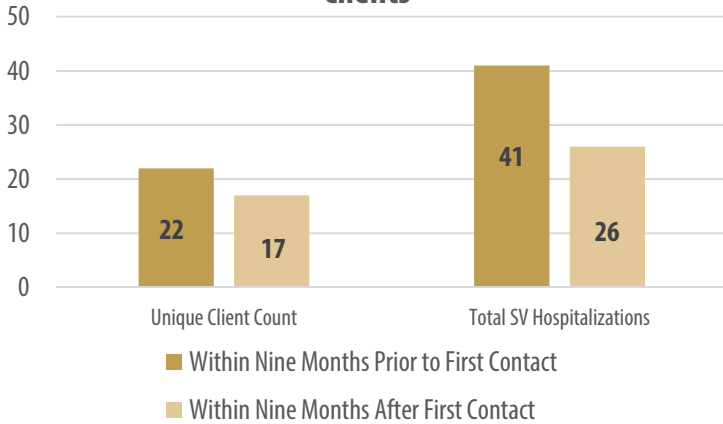


Source: MIST Contact Form

PROGRAM OUTCOMES (DHHS-MIST)

Expected outcomes for the MIST program include reduced psychiatric hospitalizations and reduced Crisis Stabilization Unit (CSU) admissions for clients served. Psychiatric hospitalizations in Sempervirens (SV) and CSU admissions were reviewed for MIST clients comparing two distinct and equal time periods: nine months prior to first MIST contact and nine months following the first MIST contact. It should be noted that hospitalizations and CSU Admissions that occur on the same day as the first contact are represented in the Prior to First Contact category. Data for all unique clients contacted by DHHS-MIST staff (**223**) were reviewed. Clients that have had a 9-month period lapse since their first MIST contact were included in the analysis below, which included **76** unique individuals.

Psychiatric Hospitalizations (SV) for MIST Clients

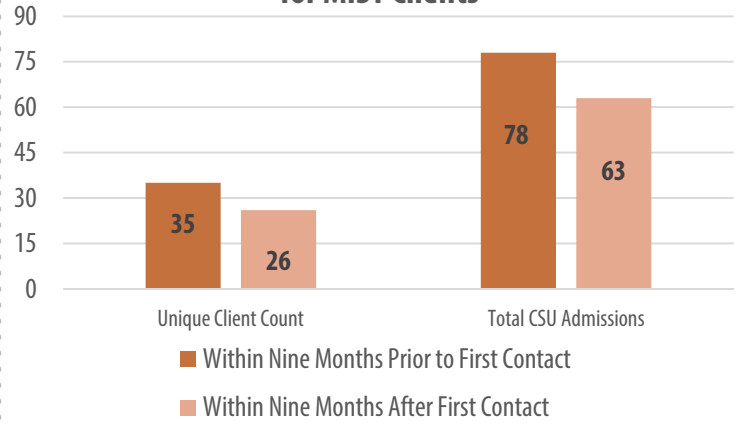


Source: Avatar Reports, 02/04/16

Data Analysis

There has been a **22.7% decrease** in the number of unique clients admitted to SV, and a **36.6% decrease** in hospitalizations for MIST clients.

Crisis Stabilization Unit (CSU) Admissions for MIST Clients



Source: Avatar Reports, 02/04/16

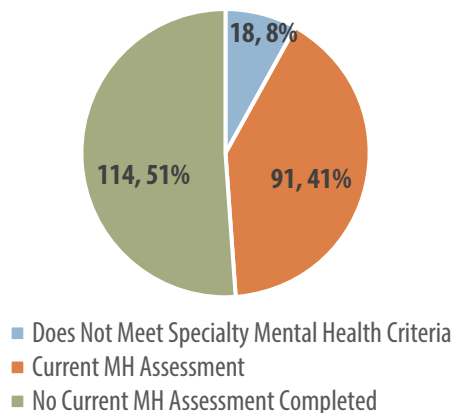
Data Analysis

There has been a **25.7% decrease** in the number of unique clients admitted to CSU, and a **19.2% decrease** in total CSU admissions for MIST clients.

MENTAL HEALTH ASSESSMENTS (DHHS-MIST)

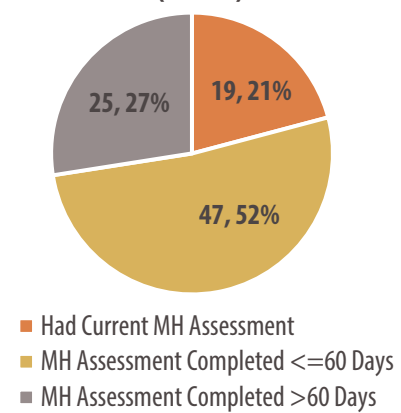
The goal of the MIST program is to increase outreach, assessment, and treatment to severely mentally ill individuals coming to the attention of law enforcement. The charts below show the Mental Health Assessment status for MIST clients.

Mental Health (MH) Assessment Status (N = 223)



Source: Avatar Reports, 02/04/16

Assessment Timing for Clients With a MH Assessment (n = 91)

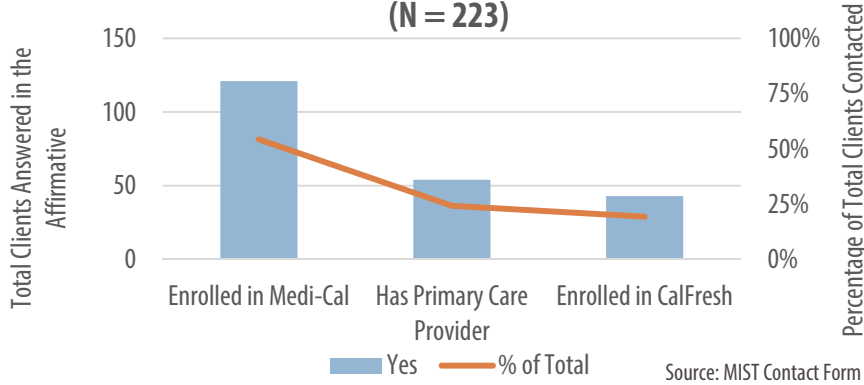


Source: Avatar Reports, 02/04/16

As of this reporting period, **44.4%** of MIST clients that meet Specialty Mental Health (SMH) Criteria have had a MH Assessment within the last year.

SERVICES AND REFERRALS (DHHS-MIST)

Client History of Services
(N = 223)



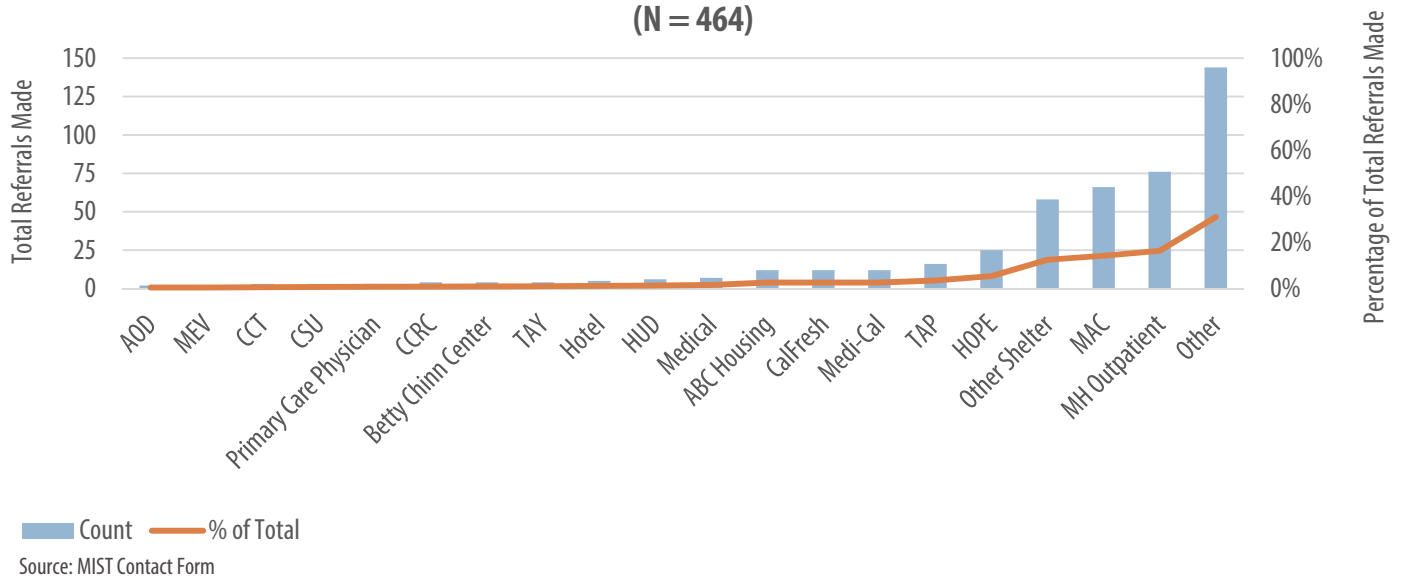
54% of clients are enrolled in Medi-Cal
24% have a Primary Care Provider (PCP)
19% are enrolled in CalFresh

An integral part of the MIST program is to connect clients to appropriate services available to them. Services to which linkages are provided include:

- Outpatient mental health counseling
- Case management
- Medication support
- Alcohol and other drug services, including clean and sober services
- Housing/Shelter
- Identification and linkage to a primary care physician
- Bus/motel vouchers
- Expedite enrolling a person for Medi-Cal, General Relief, and CalFresh
- Enrollment in Full Service Partnership
- Transitional Crisis Housing
- Transition Age Youth (TAY)
- Hope Center
- DHHS Mobile Outreach
- Transportation Assistance Program (TAP)
- Community Corrections Resource Center (CCRC)

The following chart presents the number and percentage of unique clients contacted who were referred to the listed service during any contacts made by MIST. Clients may be referred to multiple services. Therefore, percentages will not add up to 100%.

Referrals Made to Services
(N = 464)



CLIENT CONTACTS (EPD-MIST)

379

Unique
Individuals
Contacted*

Source: EPD-MIST Spreadsheet

Data presented represents all clients contacted by EPD-MIST staff based on information received by the DHHS Research and Evaluation (R&E) unit for the period of January 2015 through December 2015.

*Note that unique counts of individuals are by program; therefore, some individuals will be duplicated between DHHS and EPD.

EPD REFERRALS TO DHHS (DHHS/EPD-MIST)

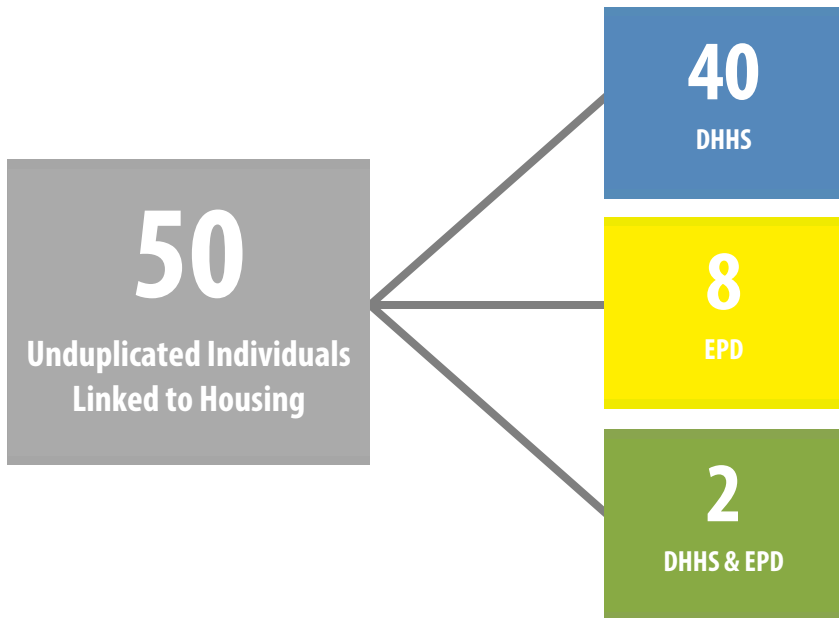
Of the **379** unique individuals contacted by EPD-MIST staff, **81** were referred to DHHS-MIST as priority clients.

Of the **81** EPD-identified priority clients, DHHS-MIST has contacted **43 (53%)** of them.

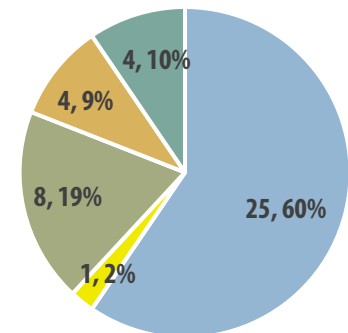
Source: MIST Contact Form, EPD-MIST Spreadsheet, & EPD-MIST Priority Client List

HOUSING STATUS (DHHS/EPD-MIST)

Of all individuals contacted by DHHS- or EPD-MIST:



DHHS-MIST Clients Housed by Type (N = 42)



- Transitional Housing (23 MAC, 2 Other)
- Rental by Client - Subsidy
- Rental by Client - No Subsidy
- Permanent Supportive Housing
- Institutional Setting

As of this reporting period, there have been **23** DHHS-MIST clients housed at the Multiple Assistance Center (MAC).

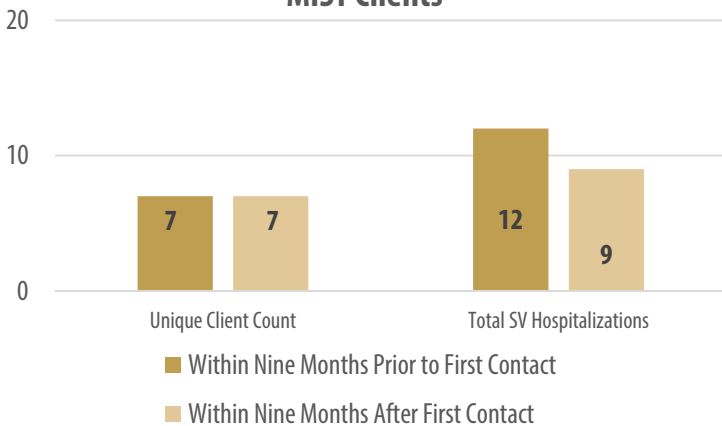


Source: HMIS, MIST Contact Form, DHHS-MIST Housing Spreadsheet, & EPD-MIST Spreadsheet

PROGRAM OUTCOMES (DHHS/EPD-MIST)

This section presents outcomes for those individuals identified by EPD as priority clients who were also contacted by DHHS-MIST staff. Expected outcomes for the DHHS/EPD-MIST program include reductions in psychiatric hospitalizations, Crisis Stabilization Unit (CSU) admissions, calls for service (CFS), and arrests for clients served. Psychiatric hospitalizations in Sempervirens (SV), CSU admissions, CFS, and arrests were reviewed for EPD-MIST clients comparing two distinct and equal time periods: nine months prior to first MIST contact and nine months following the first MIST contact. It should be noted that hospitalizations and CSU Admissions that occur on the same day as the first contact are represented in the Prior to First Contact category. Data for DHHS/EPD-Priority clients contacted **(43)** were reviewed. Clients that have had a 9-month period lapse since their first MIST contact were included in the analysis below, which included **21** unique individuals.

Psychiatric Hospitalizations (SV) for EPD-MIST Clients

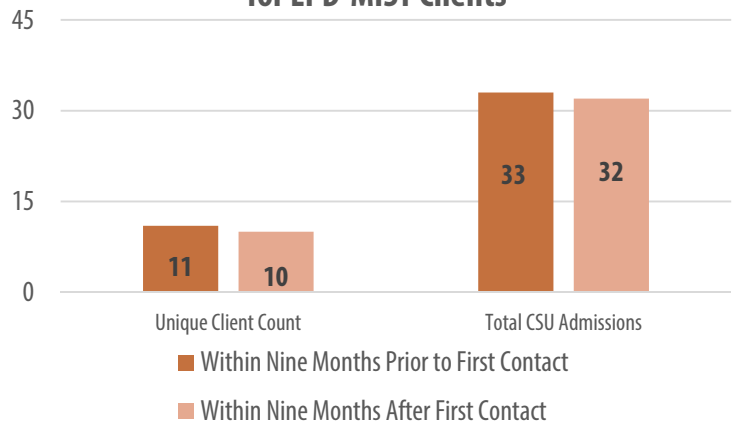


Source: Avatar Reports, 02/04/16

Data Analysis

There has been **no change** in the number of unique clients admitted to SV, and a **25.0% decrease** in hospitalizations for DHHS/EPD-MIST clients.

Crisis Stabilization Unit (CSU) Admissions for EPD-MIST Clients

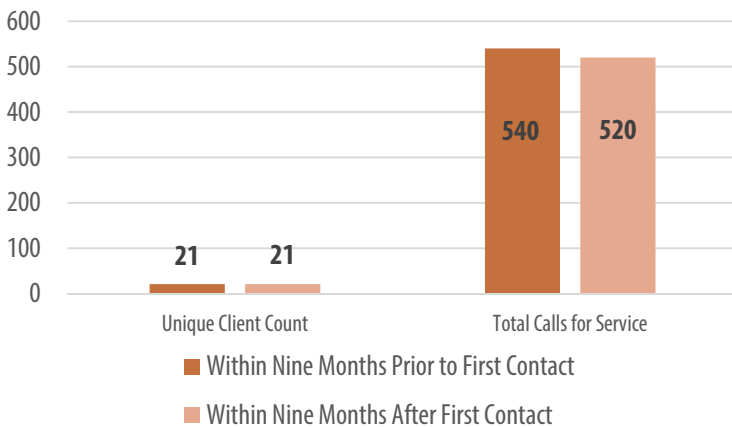


Source: Avatar Reports, 02/04/16

Data Analysis

There has been a **9.1% decrease** in the number of unique clients admitted to CSU, and a **3.0% decrease** in CSU admissions for DHHS/EPD-MIST clients.

Calls for Service (CFS) for EPD-MIST Clients

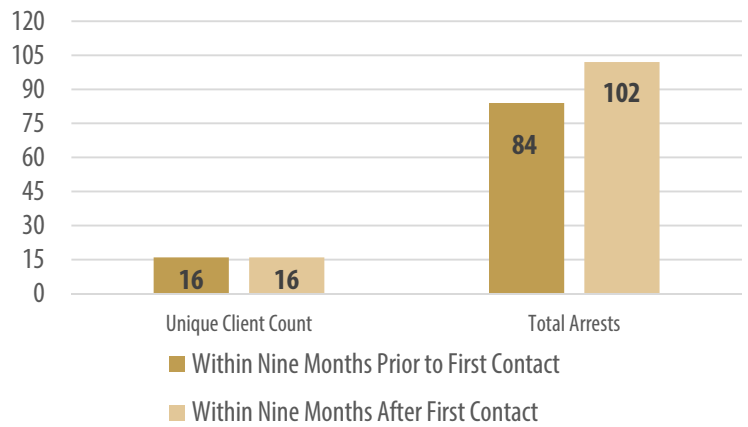


Source: EPD CFS Records

Data Analysis

There has been **no change** in the number of unique clients with CFS, and a **3.7% decrease** in total CFS for DHHS/EPD-MIST clients.

Arrests for EPD-MIST Clients



Source: EPD Arrest Records

Data Analysis

There has been **no change** in the number of unique clients with arrests, and a **21.4% increase** in arrests for DHHS/EPD-MIST clients.