



Phillip R. Crandall, Director
Social Services | Public Health | Mental Health

news release

May 1, 2015

Spring into health: Spring Seeds and Produce Giveaway

Several local organizations are joining forces to sponsor a "Spring Seeds and Produce Giveaway" on Wednesday, May 6 from 10 a.m. to 1 p.m.

The event is sponsored by the Fortuna Community Garden Project, the Department of Health & Human Services and Food for People. It will be held at the Fortuna Community Garden Project located at 2292 Newburg Rd. in Fortuna.

Many activities are planned to help participants start their own spring garden. Activities will include free produce and CalFresh application assistance from the Mobile Produce Pantry, seed packet giveaway and a planting station, cooking demonstrations and free gifts for all attendees. CalFresh can be spent on seeds and plants that grow food in one's garden.

There will also be a "Rethink Your Drink" booth to give everyone the chance to taste flavored waters made with freshly picked ingredients from the Fortuna garden.

Fruits and vegetables are grown in the nearly two-acre garden. Community groups and student volunteers tend to the garden which donates produce to programs like Fortuna Adventist Community Services, the St. Joseph Food Pantry, the Fortuna Backpack for Kid's program and other local organizations.

Groups interested in working a plot at the garden should contact Steve Palecki, garden coordinator, at 707-362-9307. For more information about the "Spring Seeds Giveaway," contact Michelle Postman at 707-441-5567 or mpostman@co.humboldt.ca.us.

-###-

Follow us on Twitter: @HumCoDHHS