



STAY INFORMED



SAFE CANNABIS USE & YOU



Know your source.



Avoid spreading germs.
Don't share joints, vapes,
pipes, bongs or anything
that goes in your mouth.



Read the label.
Ask questions.



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STAY ENGAGED



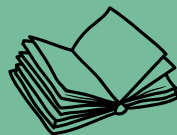
STAY ACTIVE.



Be intentional with cannabis use.
Continue to check in with yourself.
Track your use.

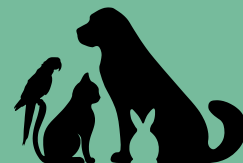


Give cannabis time to
take effect.



Pair cannabis use with
healthy activities to
improve your mental and
emotional health.

Keep cannabis
products locked
safely away from
children and pets.



Interested in a **FREE** lock box to
store cannabis, vapes,
medications or firearms?
Call Healthy Communities
707-268-2132
Email:
KeepItSafe@co.humboldt.ca.us.

