

# Behavioral Health: Resource Documents for Partners and Community



## Resource Documents

The Department of Health & Human Services has many useful documents and resource sheets to help partners and the community understand and navigate DHHS Behavioral Health services.

### For Everyone

- [List of Behavioral Health Programs](#)  
One-page list of programs with addresses and phone numbers
- [Children's Behavioral Health Road Map](#)  
One-page visual guide to services for children
- [Adult Behavioral Health Road Map](#)  
One-page visual guide to services for adults
- [Crisis Continuum of Care Map](#)  
A visualization of the 5150 process
- [DHHS Crisis Sheet](#)  
One-page sheet with crisis referral information, including Child Welfare Services and other non-Behavioral Health programs
- [Behavioral Health Services and Programs](#)  
Six page document with descriptions of various programs

### For Patients, Consumers, Friends and Family

#### Medi-Cal documents

DHHS Behavioral Health is Humboldt County's Mental Health Plan, which covers specialty mental health services for Medi-Cal members who meet medical necessity requirements. The services of the providers at DHHS are required by and paid for by Medi-Cal. Some non-specialty mental health services are provided through Partnership HealthPlan of California.

- [Mental Health Plan - Beneficiary Handbook](#)  
The full member handbook with lots of information about all aspects of accessing services.
- [Partnership HealthPlan of California Member Handbook](#)  
Partnership's handbook mentions Mental Health Services on page 51.

#### Brochures (not available online)

- Access brochure
- Healthy Moms Program brochure
- Hearings at Sempervirens
- Mental Health and Substance Use Disorder Services brochure
- Hope Center brochure
- Sempervirens visitor's guide
- Children's Behavioral Health brochure
- Patients' Rights Advocacy services guide
- Applying for Health Care Coverage bifold

## For Partners

The audience for these documents is DHHS staff, partners and providers looking for basic introductory information to talk with customers, clients, patients and community members. These documents are not meant to give detailed information and are not technical. They are not written with the direct customer or client as the audience; however customers may find them useful as reference documents.

- [Behavioral Health: General Information](#)  
This is a general Information sheet explaining who is eligible to Behavioral Health services, how to access services and some frequently asked questions.
- [Behavioral Health: Concerns & Grievances](#)  
This info sheet covers complaints, concerns, comment cards, grievances and more.
- [Info Sheet: Introduction to Medi-Cal](#)  
This info sheet covers applying for health care coverage including Medi-Cal.

## Common Forms

- [Release of Information](#) (ROI)  
The ROI must be authorized by the client or their legal authority.
- [Grievance/Appeal Form](#)  
Need more information on this? Check out the [Guide to the Grievance process](#).
- [Request for change of provider](#)  
If the provider is not a good fit or meeting a client's needs, complete this form.

## How to Get These Documents and Other Information

You can call 707-268-2900 to ask for copies of brochures. Some documents are hyperlinked. The [Behavioral Health section of the DHHS website](#) has additional information, including information about DHHS-Behavioral Health's many programs.