

1 - Individual experiences a mental health crisis.

Self-Referred

Individual or loved ones reach out for crisis services such as: crisis phone lines, MRT, same day walk-in services and the Crisis Stabilization Unit (CSU).

Law Enforcement

L.E. is contacted typically via 911. 50% of Humboldt County's responders are trained in Crisis Intervention and are part of the Crisis Intervention Team.



Crisis Continuum of Care

County of Humboldt



2 - Crisis Response and Stabilization

Initial Assessment

Officers and MRT staff determine if the individual is a danger to themselves, others or if they are gravely disabled. Initial assessment can also be performed by county staff at 720 Wood St., at the Emergency Department or by L.E. in the community.

If placed on a hold...

The individual is taken to a local hospital to be medically cleared and evaluated for Sempervirens. If appropriate, patient is treated at the CSU. If needed, patient is admitted to Sempervirens or out-of-county placement is sought.

3 - Treatment and Recovery

Sempervirens

Patient is admitted and treated. The assessment guides the next stage of care based on acuity. If possible, the patient is to be treated and released. More acute patients may need longer-term treatment and stabilization. They may need to be conserved and placed in long-term care.

Conservatorship

Requires hearing and a judge's order. From here an appropriate level of care facility is found and the patient is admitted. Patient rights and due process are embedded into each step of this process.

What is Crisis Continuum of Care?

A comprehensive crisis continuum follows an initial crisis event that prompts screening and may require assessment, mobile response team (MRT), crisis stabilization services and/or residential crisis services, psychiatric consultation, referrals and warm hand-offs to home and community-based services, and ongoing care coordination. Within a crisis continuum the MRT can effectively de-escalate, stabilize and improve treatment outcomes. The MRT is specifically designed to intercede before urgent behavioral situations become unmanageable emergencies and are instrumental in averting unnecessary emergency department visits, out-of-county placements, and placement disruptions and in reducing overall system costs.

4- Placement and Step-Down

Recovery and Reintegration

From here the goal is to step the patient down as they improve. The step-down process seeks to place the patient in the lowest level of care appropriate.

5 - Reintegration into the community

Transition

The goal here is to smoothly integrate the patient back into the community. This may include a supported living environment facility or a placement with family.

County of Humboldt Crisis Intervention Services:

Crisis Hotlines

Behavioral Health Crisis Line 888-849-5728
or 707-445-7715

California Youth Crisis 800-843-5200

Child Welfare Services 707-445-6180

Family Urgent Response System 833-939-3877

Adult Protective Services...866-527-8614 or
707-476-2100

Human Trafficking 888-428-7581

Humboldt Domestic Violence Services.....707-443-6042

North Coast Rape Crisis 707-445-2881

Alcoholics Anonymous 844-442-0711

Narcotics Anonymous 707-444-8645

LGBTQ National Help Center 888-843-4564

Vets Crisis Line/Suicide Prevention ... 800-273-8255

National Crisis Hotline.....988

