

HEALTH ALERT

Dear Humboldt County Providers,

February 16, 2022

The California Department of Public Health (CDPH) released a new letter reminding health care providers of the continued increase in cases of disseminated gonococcal infection (DGI) in California. Based on the epidemiology of gonorrhea and DGI in the state, **CDPH now recommends gonorrhea screening for all sexually active individuals who use illicit drugs, especially methamphetamine.** Health care providers should also increase their suspicion for DGI among sexually active individuals who report any of the following: pain and swelling at a single or multiple joints, arthralgias (including migratory polyarthralgias), and/or a petechial or pustular rash consistent with DGI.

For more details, please see the attached CDPH Dear Colleague Letter with updated screening recommendations and best practices given the increasing reports of DGI in our state.

Please report any suspected, probable or confirmed DGI case to the Humboldt County Communicable Disease Program phone: (707) 268-2182 and fax: (707) 445-7346. We thank you for your ongoing efforts to provide excellent healthcare to our community.

Best regards,



Ian P. Hoffman, MD, MPH
Health Officer Humboldt County
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TOMÁS J. ARAGÓN, M.D., Dr.P.H.
Director and State Public Health Officer

State of California—Health and Human Services Agency
California Department of Public Health



GAVIN NEWSOM
Governor

February 1, 2022

Dear Colleague:

On December 23, 2020, the California Department of Public Health (CDPH) issued a [Dear Colleague Letter](#) alerting health care providers of increasing reports of Disseminated Gonococcal Infection (DGI) cases in California during the second half of 2020. We have now recorded roughly double the number of DGI cases in 2020 compared to 2019, and DGI cases in 2021 exceeded the total number of cases in 2020 – including four deaths last year that were likely attributable to DGI. Most DGI cases in California have occurred among adults aged 30-50 years old (which is an age group not typically screened for gonorrhea) and disproportionately among Hispanic/Latinx individuals. In addition, approximately a fifth of cases have reported experiencing homelessness, more than a third report using one or more illicit drugs, and a third of total cases report using methamphetamine specifically. Of note, the majority of DGI cases to date did not present with urogenital symptoms.

Gonorrhea cases overall remained stable from 2019 to 2020, possibly due to COVID-19 causing a reduction in routine screening practices. Compared with the first half of 2019 (pre-pandemic), preliminary data from the first half of 2021 shows a 17% increase in gonorrhea cases. Additionally, based on 2019 enhanced surveillance data, we estimate that approximately 14 percent of people in California diagnosed with gonorrhea report any illicit drug use, with roughly 10 percent of total gonorrhea cases reporting methamphetamine use specifically.

Given this epidemiology and the increase in DGI across California, CDPH recommends the following for health care providers—including those in emergency departments, urgent care settings, and jails:

1. **For all sexually active individuals who use illicit drugs, especially methamphetamine, screen for gonorrhea at sites of potential exposure (urogenital, pharyngeal, and rectal).**
2. For sexually active patients who report any signs or symptoms consistent with DGI such as swelling and pain at a single joint, polyarthralgia, migratory arthralgias or rash consistent with DGI (diffuse erythematous-based papules, pustules, or vesicles), consider testing for gonorrhea at sites of potential exposure, as well as performing culture of blood and/or other sites of localized infection as indicated.

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3. For sexually active females <25 years of age, pregnant patients, men who have sex with men, individuals with HIV, and those at *increased risk for infection, continue routine screening for gonorrhea and other sexually transmitted diseases (STD) per previous CDPH and U.S. [Centers for Disease Prevention and Control \(CDC\) recommendations](#).

For information on the management of DGI, please refer to the [2021 CDC Sexually Transmitted Infections \(STI\) Treatment Guidelines](#) and our previous DGI [Dear Colleague Letter](#).

Finally, health care providers should report all suspected, probable, or confirmed case of DGI to their local health department within one business day. Providers can use the [CDC DGI Case Reporting Form](#) to send the requested information to their local health department. Please reach out to your local health department for further questions on DGI and reporting requirements.

Sincerely,



Kathleen Jacobson, MD
Chief, STD Control Branch
California Department of Public Health

*CDC and CDPH recommend screening individuals at increased risk for gonococcal infection such as those who have new or multiple sex partners, those who report inconsistent condom use and are not in mutually monogamous relationships, those with previous or coexisting sexually transmitted infections, and those who exchange sex for money or drugs. In addition, screening should occur for individuals with a sex partner that has a sexually transmitted infection or if there is a suspicion that a sex partner has concurrent partners.

Resources:

1. CDPH STD Control Branch DGI webpage. Available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Disseminated-Gonococcal-Infection.aspx>
2. CDPH Dear Colleague Letter for Clinicians – Increasing Reports of DGI in California (12/23/2020). Available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Dear-Colleague-Letter-for-Medical-Providers-Increasing-DGI-in-CA-12.23.20.pdf>.
3. CDPH DGI Frequently Asked Questions for Health Care Providers. Available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/DGI-FAQ.pdf>
4. California Prevention Training Center STD Expert Hour Webinar - DGI. Available at: <https://www.youtube.com/watch?v=Ew9vbLdwgbs>.
5. CDC DGI Case Reporting Form. Available at: <https://www.cdc.gov/std/program/outbreakresources/DGICaseReportingForm-508.pdf>
6. CDC 2021 STI Treatment Guidelines – Gonococcal Infections among Adults and Adolescents. Available at: <https://www.cdc.gov/std/treatment-guidelines/gonorrhea-adults.htm>