



**Humboldt County
Department of Health and Human Services
Mental Health Branch**

**Mental Health Services Act
Statewide Prevention and Early Intervention
Training, Technical Assistance, and Capacity
Building Funds Request**

**Training, Technical Assistance and Capacity Building Funds Request Form
(Prevention and Early Intervention Statewide Project)**

Date: 1-22-09	County Name: Humboldt
Amount Requested for FY 2008/09: \$ 19,000	Amount Requested for FY 2009/10: \$ 19,000

Briefly describe your plan for using the Training, Technical Assistance and Capacity Building funding and indicate (if known) potential partner(s) or contractor(s).

The PEI Training, Technical Assistance and Capacity Building funding will be used to provide the Humboldt County's Suicide Prevention and Stigma and Discrimination Reduction project's Public Health Education staff training opportunities in areas such as:

- Best practices
- Curriculum delivery
- Program evaluation
- Partnering with statewide projects.
- Recovery, wellness and resiliency
- Cultural Competency
- Support Peer Client and Peer Family Member staff members

The County and its contractor(s) for these services agree to comply with the following criteria:

- 1) This funding established pursuant to the Mental Health Services Act (MHSA) shall be utilized for activities consistent with the intent of the Act and proposed guidelines for the Prevention and Early Intervention component of the County's Three-Year Program and Expenditure Plan.
- 2) Funds shall not be used to supplant existing state or county funds utilized to provide mental health services.
- 3) These funds shall only be used to pay for the programs authorized in WIC Section 5892.
- 4) These funds may not be used to pay for any other program.
- 5) These funds may not be loaned to the state General Fund or any other fund of the state, or a county general fund or any other county fund for any purpose other than those authorized by WIC Section 5892.
- 6) These funds shall be used to support a project(s) that demonstrates the capacity to develop and provide statewide training, technical assistance and capacity building services and programs in partnership with local and community partners via subcontracts or other arrangements to assure the appropriate provision of community-based prevention and early intervention activities.
- 7) These funds shall be used to support a project(s) that utilizes training methods that have demonstrated the capacity to increase skills and promote positive outcomes consistent with the MHSA and PEI proposed guidelines.

Certification

I HEREBY CERTIFY to the best of my knowledge and belief this request in all respects is true, correct, and in accordance with the law.

Kenneth Ravi Steiner

Director, County Mental Health Program (original signature)

Description of Local Review Processes
Mental Health Services Act
Statewide Prevention and Early Intervention
Training, Technical Assistance, and Capacity Building Funds Request

County Name: Humboldt

The Statewide Prevention and Early Intervention Training, Technical Assistance, and Capacity Building Funds Request 30-day Public Comment period was from February 3, 2009 through March 4, 2009. This occurred at the same as the Fiscal Year 2009/2010 Update.

There was also a Public Hearing that followed the Mental Health Board Meeting on February 19, 2009 from 1:45 to 2:30pm at the Humboldt County Department of Health and Human Services Rainbow Room, 720 Wood Street, Eureka, Ca 95501 (Attachment A)

The Request was available in an electronic format at: the Humboldt County Department of Health and Human Services, Mental Health Branch, Mental Health Services Act website: <http://co.humboldt.ca.us/HHS/MHB/MHSA/> (Attachment B)

The Request was available in a hard copy format and comments could be placed in the "MHSA Comment Box" at:

- Humboldt County Department of Health and Human Services Professional Building: 507 F Street, Eureka
- Humboldt County Department of Health and Human Services, Mental Health Branch, Children Youth and Family Services: 1711 3rd Street, Eureka
- Humboldt County Department of Health and Human Services Garberville Office 727 Cedar Street
- Humboldt County Department of Health and Human Services Mental Health Branch: 720 Wood Street, Eureka
- Hope Center 2933 H Street, Eureka
- Humboldt County Department of Health and Human Services Willow Creek Office 77 Walnut Way

Comments for the Request could also be addressed to:
Department of Health and Human Services
Mental Health Branch
Attn: Jaclyn Culleton
Mental Health Services Act
720 Wood Street Eureka, Ca, 95501

By phone:
(707) 441-3770

Or toll free at:
(866) 320-8911

Or by email to:
mhsacomments@co.humboldt.ca.us

- An informational flyer was sent to stakeholders regarding the Requests availability, including where to obtain it, where to make comments, and where/when the public hearing would be held (Attachment C)
- Flyers were mailed to over 30 locations around the county, including public libraries, health care clinics, tribes, and senior centers
- Flyers were e-mailed to recipients on more than 10 local e-mail distribution lists including family/community resource centers, organizational providers, and Latino Net
- The Request was e-mailed or mailed to all persons who requested a copy
- An advertisement was placed in the local newspaper on February 15th, 2009 with the Request's availability, including where to obtain it, and where to make comments.
- The Mental Health Branch Director and the MHSA Coordinator announced to DHHS staff, community-based organizations and partner agencies in various meetings the Request's availability including where to obtain it, where to make comments, and where/when the public hearing would be held.

During the public review period, comments from stakeholders were received in a variety of ways, including e-mail, comment boxes, phone calls, and at the public hearing. The comments received were outside of the scope of the Request and not substantive to the Request. However, they are relevant and important to services provided in the community. All comments were carefully documented and are used to inform planning and implementation of programs and activities throughout the Humboldt County DHHS.

Attachment A



**THURSDAY FEBRUARY 19, 2009
RAINBOW CONFERENCE ROOM
720 WOOD STREET
EUREKA, CA 95501**

- I. Mental Health Board Meeting -12:15-1:45 p.m.**
- A. Call to order
 - B. Roll call, introduction of staff and guests
 - C. Adjustments to the agenda
 - D. Action items
 - 1) Approval of minutes from January 15, 2009 **x**
 - E. Public comments- two minute limit
 - F. Reports
 - 1) Mental Health Board Chairman's report-
 - a) Recruitment and Awareness outreach strategy
 - 2) DHHS Director's report-(standing item as needed)
 - 3) Mental Health Branch Director's report
 - G. Adjournment
- II. Public Hearing -1:45-2:30 p.m.**
- A. 2009/10 MHSA CSS plan

x = Enclosure

DHHS=Department of Health and Human Services, 507 F Street, Eureka
HCMH = Humboldt County Mental Health, 720 Wood Street, Eureka
CYFS = Children Youth and Family Services, 1711 Third Street, Eureka

MENTAL HEALTH BOARD GUEST LIST SIGN IN SHEET

February 19, 2009

NAME	AGENCY	ADDRESS	E-MAIL	PHONE
Kris Huschle	PHB	908 7th, Eureka		441-5554
Lara Weiss	PHB	"	lweisse@co.humboldt.ca.us	441-5034
Connie Sundberg	Changing Times Family Services	805 7th St Eureka, CA 95501	csundberg@changingtimes.org	445-1195
Regina Bavaroskic	Trinidad Karipunan	Cherise Lane Trinidad, CA	abavaroskic@trinidadkaripunan.com	777-0211
Randy Bernuskie	UHS	Arcata 1600 West Way		
Alan Schrader	UHS	Arcata 1600 West Way	alan.schrader@erihb.net	825-5060
Rick Wedge	MH Board	1572 Ecoler Ave #1 Arcata	wedge@rick@sbglobal.net	764-5594
Rick Cawthorn	Human Services Hoop Valley Tribe	P.O. Box 1257 Hoop, CA 95546	drkatz@sbglobal.net	530-625-4236
Ruth Needham	parent-community	905 Valley Forge Rd Eureka	gabbygus@aol.com	725-4406
ERIC FIMBRES	MH HEALTH BOARD	1963 BLANDI LANE FORTUNA 95540	ERIC@COMMUNITYNEEDHAM@MCC.CA.GOV	445-2866
K Steini	DHHS-MHB	720 Wood 95501	ksteini@co.humboldt.ca.us	268 2990
John Hill	MH Board	1692 Cardinal Dr McKinleyville, CA	jhill1952@comcast.net	839 7877
Marianne Pomekrapf	MH Board	44 Beauchamp Rd Eureka, CA 95503	marianne@att.net	442-6212

Ext 13

Attachment B



*County of Humboldt
Department of Health & Human Services*

Mental Health Branch

Karolyn Stein, RN, Branch Director

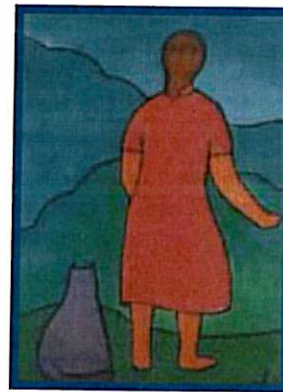


Mental Health Services Act (MHSA)

About The Mental Health Services Act

The Mental Health Services Act (MHSA) provides funding to counties to expand and develop innovative and integrated mental health services for children, youth, adults, and older adults. California voters passed Prop 63 in November 2004 as the result of a grassroots coalition intending to transform public mental health care.

The intent of this website is to inform and invite you to participate in the implementation of the MHSA.



*"Maggie and Jane"
Maggie had found a home
~ Louise Hope ~*

- [Full text of the Mental Health Services Act](#)
- [Acta de Servicios de Salud Mental](#)

The Mental Health Services Act addresses a broad continuum of prevention, early intervention, and service needs.

- Older / Dependent Adult Services provides co-located, integrated mental health services by a clinician, with the Adult Protective Services (APS) and In-Home Supportive Services (IHSS) Program.
- Crisis Intervention Services (CIS) provides the coordination of crisis intervention services in partnership with law enforcement.
- The Alternative Response Team (ART) is an innovative, multi-agency program aimed at those at-risk families that would benefit from early intervention and services.
- Comprehensive Community Treatment (CCT) is a team treatment approach designed to provide comprehensive, community-based psychiatric treatment, rehabilitation, and support to persons with serious and persistent mental illness.
- Hope Center is a client and family member center, that provides peer-to-peer education, support, prevention services, wellness activities, and system navigation. To contact the Hope Center, call **(707) 441-3723**.
- Rural Outreach Services Enterprise (ROSE) provides Mental Health, Alcohol and Other Drug, Social Services, and Public Health mobile outreach services to outlying communities.
- Telemedicine services provide medication support to outlying areas.
- Support to Transitional Age Youth (TAY) Organizations.
- The Mental Health Liaison works with families and individuals in the community who have mental health questions, concerns, or need support.

Public Comment! Participate! Be informed!

Mental Health Services Act Plans and Updates are available for a 30-day comment period before they are submitted to the State Department of Mental Health. When a Plan or Update is available for Public Comment it will be located in the **MHSA Documents Open for Public Comment** section.

MHSA Plans or Updates may be obtained in several ways:

- Click on the name of the document below to view or print.
- Click on document below to view and on the last page will be listed the locations hard copies are available during the 30-day Comment Period.
- E-mail or call with your mailing address or email address and request the document.

Submitting a Public Comment during the 30-day Comment Period may be done in several ways:

Click on the document below to view it and on the last page of the document will be listed the locations "MHSA Comment Boxes" are available during the 30-day Comment Period.

- Email: mhsacomment@co.humboldt.ca.us
- Comment line phone number: **(707) 441-3770**
- Toll Free number: **(866) 320-8911**

MHSA Documents Open for Public Comment!

- [MHSA Fiscal Year 2009-2010 Update](#)
- [Prevention Early Intervention Technical Assistance Request](#)

Previous MHSA Documents

2008

- [MHSA Housing Assignment Letter](#)
- [MHSA Prevention and Early Intervention Plan](#)
 - [Suicide in Humboldt County 2003-2007](#)
 - [Humboldt County Strategic Prevention Plan](#)
 - [Recommendation Submitted by Advisory groups to MHSA Steering Committee](#)
 - [Integrated Services Initiative 2007-2010 Strategic Plan](#)
 - [California Strategic on Suicide Prevention: Every Californian is part of the Solution](#)
 - [Eliminating Stigma and Discrimination Against Persons with Mental Health Disabilities. A Project of the Mental Health Services Act](#)
 - [Early Intervention for Transitional Age Populations](#)
- [MHSA Prevention and Early Intervention Assignment Letter](#)
- [MHSA Community Services and Supports Fiscal Year 2008-2009 Update](#)

2007

- [Community Services and Supports Implementation Progress Report](#)
- [Community Services and Supports FY05/06 Remaining Funds Plan](#)
- [Community Services and Supports One-Time Augmentation Plan](#)

- [Community Services and Supports Expansion Plan](#)

2006

- [Community Services and Supports Implementation Progress Report](#)

2005

- [Community Services and Supports Plan](#)
- [Executive Summary Community Services and Supports Plan](#)
- [Framework for Community Input](#)
- [MHSA Advisory Group Recommendations](#)

Site Links

- [Comprehensive Community Treatment Program](#)
- [Crisis Intervention Services](#)

Web Links

- [California Department of Mental Health \(MHSA\)](#)
- [California Network of Mental Health Clients \(CNMHC\)](#)
- [National Alliance for the Mentally Ill \(NAMI\)](#)

Attachment C



COUNTY OF HUMBOLDT
DEPARTMENT OF HEALTH AND HUMAN SERVICES
PHILLIP R. CRANDALL, DIRECTOR

MENTAL HEALTH BRANCH
720 Wood Street Eureka, CA 95501-4482
(707) 268-2900 Fax: (707) 476-4049

Administration
(707) 268-2990

Children, Youth & Family Service
(707) 268-2800

Adult/24 Hour Services
(707) 268-2900

Alcohol & Other Drug Programs
(707) 476-4054

February 3, 2009

To whom it may concern,

Humboldt County Department of Health and Human Services is committed to stakeholder participation in the development of Mental Health Services Act programs.

The Mental Health Services Act, legislation passed in 2004, provides funding to counties to expand and develop innovative and integrated mental health services.

Currently there are Humboldt County Mental Health Services Act documents available for Public Comment from February 3, 2009 through March 4, 2009.

There will also be a Public Hearing on February 19th, 2009 from 1:45-2:30pm at the Department of Health and Human Services Rainbow Room at 720 Wood Street in Eureka.

Enclosed please find a flyer that contains information on where to access these documents and how to make comments.

If possible and appropriate please make these materials available to your staff and the people you serve. Also, please remove the materials after the Public Comment period ends on March 4th, 2009.

Please contact us with any questions you may have.

Thank you in advance for your help in this effort,

Jaclyn Culleton
Administrative Analyst
Mental Health Services Act
Humboldt County Mental Health Branch
720 Wood Street, Eureka, CA 95501
Phone: 707 268-2923
Email: jculleton@co.humboldt.ca.us



Humboldt County Department of Health and Human Services
Mental Health Services Act

Provides funding to expand and develop innovative and integrated mental health services

What do you think?

Public Comment

February 3rd – March 4th

Mental Health Services Act Fiscal Year 2009-2010 Update and the
Prevention and Early Intervention Technical Assistance Request

Documents are available and comments may be placed in the
"MHTSA Comment Box"

- Humboldt County DHHS Professional Building:
507 F Street, Eureka
- Humboldt County DHHS Mental Health Branch
Children Youth and Family Services:
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Garberville Office:
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720 Wood Street, Eureka
- Hope Center: 2933 H Street, Eureka
- website: <http://co.humboldt.ca.us/HHS/MHB/MHTSA/>
- Humboldt County DHHS Mental Health Branch
Willow Creek Office:
77 Walnut Way

Public Hearing on February 19th

Humboldt County Department of Health and Human Services Rainbow Room

720 Wood Street in Eureka from **1:45 to 2:30pm**

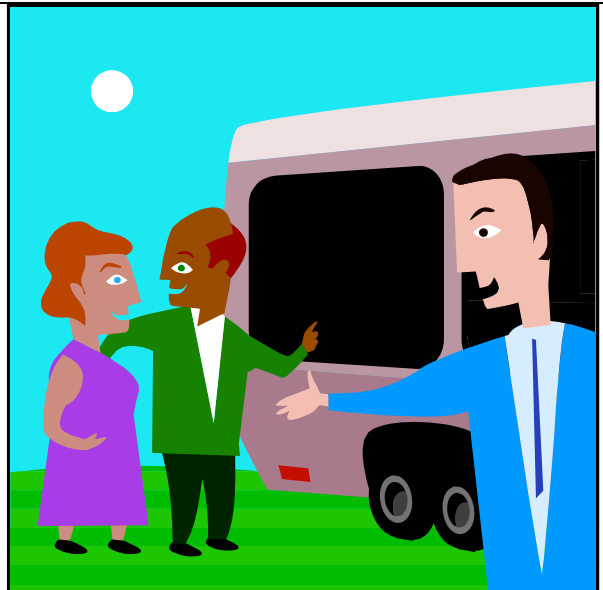
To request documents be sent to you or to make
a comment please contact us at:

Phone: (707) 441-3770

Toll free: (866) 320-8911

Email: mhsacomments@co.humboldt.ca.us

Address: Department of Health and Human
Services, Mental Health Branch
Attn: Jaclyn Culleton
720 Wood Street
Eureka, Ca 95501



Attachment D

On Ortho-Bionomy

Demystifying Ortho-Bionomy is the topic of a talk on Tuesday at 7 p.m. at Moonrise Herbs on the Arcata Plaza. Sara Sunstein, a local practitioner and instructor, will explain how the gentle art of Ortho-Bionomy engages the body's innate desire to

heal. She will also teach some simple Ortho-Bionomy techniques to release tensions and pain in people's own bodies. Sunstein began practicing Ortho-Bionomy in 1982 in Berkeley. Moonrise Herbs requests pre-registration for this talk. Stop by 126 G St. in Arcata, or call 825-2296.

International of Eel River Valley will honor Hillary Callihan with the Violet Richardson Award this year.

Callihan, a junior at Fortuna High School, will be honored for volunteering at the Royal Family Kids Camp. She is the daughter of Mike and Sue Callihan of Fortuna.

Royal Family Kids Camp is



Humboldt County Department of Health and Human Services

Mental Health Services Act

Provides funding to expand and develop innovative and integrated mental health services

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- Hope Center: 2933 H Street, Eureka
- website: <http://co.humboldt.ca.us/HHS/MHB/MHSA/>
- Humboldt County DHHS Mental Health Branch Willow Creek Office: 77 Walnut Way

Public Hearing on February 19th

Humboldt County Department of Health and Human Services Rainbow Room

720 Wood Street in Eureka from 1:45 to 2:30pm

To request documents be sent to you or to make a comment please contact us at:

Phone: (707) 441-3770

Toll free: (866) 320-8911

Email: mhsacomment@co.humboldt.ca.us

Address: Department of Health and Human Services, Mental Health Branch
Attn: Jaclyn Culleton
720 Wood Street
Eureka, Ca 95501

