

Humboldt County Behavioral Health Board
Alcohol and Other Drug (AOD)/ Dual Recovery (DR) Sub Committee Minutes
11-09-17
2:30 P.M. to 3:30 P.M.

Present at meeting:			
Eric Thompson	BHB: AOD/ DR Sub-committee chairperson, Hope Center	Michelle Thomas	DHHS- SUD Analyst
Art Wilson	AJ's Transitional Living		
Jeanine Wilson	AJ's Transitional Living		
Sue Grenfell	DHHS- Humboldt County AOD Administrator		
Marguerite Story-Baker	BHB Member		
GeorgeAnn Wence	BHB Member		

I. Call to Order	2:30pm	ACTION	PERSON/ DATE
II. Introductions			
III. Approval of Agenda	Approved		
IV. Approval of Minutes	Approved by Eric Thompson		
V. Communications	Sue needs to leave the meeting early. Marguerite mentioned that the Mad River Union devoted two major articles to the prevalence of needles in public parks and playground areas. McKinleyville Community Services District has voted that a permit is necessary to bring alcohol to any public parks.		

VI. Waterfront Recovery Services	<p>Marguerite and Sue Grenfell gave the sub-committee a brief overview of the tour they took last week. There are 20 Medical Detox beds and 36 Co-ed residential beds. They have a great kitchen, garden center, and group rooms. Dr. Bayan has an office at the facility. RCA is a subcontractor of WRC. RCA will provide life-skills and cooking classes. There are 2 SACs for Detox and 4 SACs for residential services.</p>		
VII. Referrals/ Continuum of Care	<p>Prevailing literature suggests that the continuum of care for recovery takes a minimum of six months. AJ's Living used to visit the ADCS Detox program and discuss triggers and introduce themselves. They are open to bringing AA to WRS if asked.</p> <p>The sub-committee discussed the importance of transitional living to persons in recovery, especially now with the shorter spans of residential treatment. General Relief money is not enough to pay rent, or even rent a room. The sub-committee decided to ask the BHB for permission to go before the BOS. The sub-committee would like to ask the BOS to declare a motion that they will support opportunities to fund transitional living.</p>	<p>Begin a draft a BOS agenda item</p>	<p>Sue, Marguerite, and Michelle</p>
VIII. Adjournment	<p>3:30pm</p>		
IX. Respectfully submitted by	<p>Michelle Thomas</p>		

Draft Prepared by: Michelle Thomas

Date: 11/09/17

Draft Approved by: Marguerite Story-Baker

Date: 1/11/2018