

HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD MEETING

October 26, 2023

12:15-2:15 pm

Meeting via Zoom and In person

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| Members present: | Vernon Price, Alissa Norman, Laura Montagna, Leonor Ramirez, Colleen Broderick, Tim Doty, Katherine Smith, | | |
| Members excused: | Allison Tans, Gardner Carlson, Virginia Bass, Oscar Mogollon | | |
| Members absent | None | | |
| Members attending remotely | Steve Madrone, Danette Kellerman, Debbie Hartridge | | |
| Guests present: | Marguerite Story-Baker, Danny Medina | | |
| Staff present: | Oliver Gonzalez, Program Manager; Sonja Levy-Boyd, Supervising Clinician; Joe McManus, Executive Secretary; Paul Bugnacki, Deputy Director; Laura Coulter, Administrative Secretary; Sharon Wolff, Legislative Analyst; Jack Breazeal, Deputy Director; Jeremy Nilsen, Deputy Director; Laurel Johnson, Staff Services Analyst; Alex Childers, Peer Coach | | |
| TOPIC | DISCUSSION | ACTION/FOLLOW UP | PERSON RESPONSIBLE |
| 1. Call to Order | Meeting called to order at 12:15 pm by Laura Montagna | Informational | |
| 2. Roll Call | All members, staff and guests introduced. | Informational | |
| 3. Adjustments to the Agenda | None. | | |
| 4. Public Comments | None. | | |
| 5. Action Items: a) Approval of Minutes from the 9/28/23 meeting | No vote. No quorum at today's meeting. To be added to the November agenda. | Informational | |
| 5. Action Items b) Approval of Bylaws | No vote. No quorum at today's meeting. To be added to the November agenda | Informational | |
| 5. Action Items c) Pay CALBHB/C Invoice for 2023-24 | No vote. No quorum at today's meeting. To be added to the November agenda. | Informational | |
| 6. Discussion Items a) SV Ad Hoc Committee | a) Katherine Smith reported she is the Chair for this committee and they are just starting to get organized. The other members of the committee are Laura Montagna, Vernon Price and Colleen Broderick. They will reach out to Deputy Director Paul Bugnacki to find a time for a site visit. | Informational | |
| 6. Discussion Items b) Online Behavioral Health Resources | a) Laurel Johnson reported she is going to give the Board an update on the Online Behavioral Health Resources for the public. The goal is to make it easier to find these documents. A QR code was created for easy access by phone. | Informational | |

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| 6. Discussion Items b) Online Behavioral Health Resources | b) There packets with the documents for each Board member. There are documents for partners and patients/friends. This will make it easier to find the documents in a complicated system. The goal is to make the documents more accessible. There is also information on grievances and concerns and how to file a grievance. Trying to make documents more accessible to the public. The documents are also being made ADA compliant. Tim Doty asked if there was a page with contact information in order to get updated information. Paul Bugnacki reported that on the right side of the web page there are contact numbers if needed. | Informational | |
| 7. Communications | a) Leonor Ramirez reported she is working to restart the SUD committee. Meetings will be on the 2 nd Thursday of the month from 2:30-3:30. The next meeting is scheduled for November 9 th . Michelle Thomas from the SUD unit will be organizing this. b) Debbie Hartridge reported that NAMI is holding a conference on Saturday November 4 th at the Wharfinger building from 10:00-3:00. The topic will be local culture and resources. Speakers will include, Dr. Ruby Bayan, Mark Lamers and Greg O'Rourke from the Yurok Tribe. The flyer for this will be sent out to the Board members. c) Laura Montagna reported that the bylaws cannot be approved today because there is no quorum in person today. Laura also reported that the Adult/Older Adult committee and Childrens/TAY committee need to get started again. d) Laura Montagna reported that the two Board members who will serve on the MHSA Welcoming environments committee are Alissa Norman and Tim Doty. Oliver Gonzalez will be organizing this. e) Laura Montagna reported the City of Eureka will be holding another Town Hall meeting on December 2 nd from 10:30-1:30. The topic will be SUD | Informational | |
| 8. Reports a) DHHS Director | None. | | |

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| <p>8. Reports b) Behavioral Health Director</p> | <p>a) Paul Bugnacki reported that Emi Botzler-Rodgers is attending the CBHDA Strategic Planning meeting in San Diego today. Paul also reported that SB43 is going into effect in January 2024. This will expand the definition of Grave Disability and will be a significant expansion affecting multiple systems such as Behavioral Health, Law Enforcement, Courts, Public Defender and the Public Guardian. Paul reported they are trying to start this in 2026.</p> <p>b) Paul Bugnacki reported that the CMS survey review which is held every three years was held. The two surveys were life and safety and A and B tags. There are corrective plans that can be shared with Board when completed.</p> <p>c) Paul Bugnacki reported that there will be meetings on Care Court starting up in January. Sharon Wolf has more information on this and can forward to Joe to send to the Board. Tim Doty asked if the BHB Chair could attend some of these meetings.</p> <p>d) Paul Bugnacki reported that Deputy Director Jeremy Nilsen will be leaving DHHS next week. Jeremy will be accepting a position in Napa County with Behavioral Health. Jeremy has worked for the county for 21 years.</p> | <p>Informational</p> | |
| <p>8. Reports c) AOT update</p> | <p>a) Jack Breazeal reported that AOT continues to operate at capacity and they are involved in the Court side of AOT also. They are trying to get another training from Nevada County. EA is fully staffed. The next update to the BOS will be sometime in early 2024.</p> | <p>Informational</p> | |
| <p>8. Reports d) Committees</p> | <p>None.</p> | | |
| <p>8. Reports e) Chair/Vice Chair</p> | <p>a) Tim Doty reported that the Board has two membership applications and one current opening. The Board is required to have one veteran or advocate on the Board. Not sure how TAY members are required.</p> <p>b) Tim Doty reported that he would like to have an orientation/training in January.</p> <p>b) Laura Montagna reported she would like volunteers to help with the Annual report.</p> <p>c) Danny Medina from CAMHPRO reported that there will be a Peer Leadership training in Redding on November 10th this is for rural Peers to get additional training and skills.</p> | <p>Informational</p> | |

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| 9. Unfinished Business a) CARE Court | None. | | |
| 9. Unfinished Business b) Navigation Center | None. | | |
| 10.Future Items | None. | | |
| 11.Adjournment | Meeting adjourned at 1:12 pm. | | |
| ACROYNMS- Updated 7/17/23 | | | |
| ACA | AFFORDABLE CARE ACT | | |
| ACES | ADVERSE CHILDHOOD EXPERIENCES | | |
| AFHHA | AFFORDABLE HOMELESS HOUSING ALTERNATIVES | | |
| ADHD | ATTENTION DEFICIT HYPERACTIVITY DISORDER | | |
| ADCS | ALCOHOL DRUG CARE SERVICES | | |
| AHP | ARCATA HOUSE PARTNERSHIP | | |
| AIDET | ACKNOWLEDGE INTRODUCE DURATION EXPLANATION THANK YOU | | |
| APD | ARCATA POLICE DEPARTMENT | | |
| ART | AGRESION REPLACEMENT THERAPY | | |
| AOD/DR | ALCOHOL AND OTHER DRUG DUAL RECOVERY | | |
| ATP | ADOLESCENT TREATMENT PROGRAM | | |
| AOT | ASSISTED OUTPATIENT TREATMENT (LAURA'S LAW) | | |
| ASAP | ALLIES FOR SUBSTANCE ABUSE PREVENTION | | |
| ASIST | APPLIED SUICIDE INTERVENTION SKILLS TRAINING | | |
| ASOC | ADULT SYSTEM OF CARE | | |

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| BOS | BOARD OF SUPERVISORS |
| CAEQRO | CALIFORNIA EXTERNAL QUALITY REVIEW ORGANIZATION |
| CALBHBC | CALIFORNIA ASSOCIATION OF LOCAL BEHVIORAL HEALTH BOARDS AND COMMISSIONS |
| CALFHA | CA HOUSING FINANCE AGENCY |
| CANS | CHILD AND ADOLESCENT NEEDS (TRAINING) |
| CARF | COMMISSION ON ACCREDITATION OF REHABILITATION FACILITES |
| CCRC | COMMUNITY CORRECTIONS RESOURCE CENTER |
| CFMG | CALIFORNIA FORENSIC MEDICAL GROUP |
| CMHACY | CA MENTAL HEALTH ADVOCATES FOR CHILDREN AND YOUTH |
| CBHDA | CALIFORNIA BEHAVIORAL HEALTH DIRETORS ASSOCIATION |
| CBH | CHILDREN'S BEHAVIORAL HEALTH |
| CMS | CENTERS FOR MEDICARE AND MEDICAID SERVICES |
| CCP | COMMUNITY CORRECTIONS PARTNERSHIP |
| CCRC | COMMUNITY CORRECTIONS RESOURCE CENTER |
| CCRP | CA CENTER FOR RURAL POLICY |
| CCT | COMPREHENSIVE COMMUNITY TREATMENT |
| CIT | CRISIS INTERVENTION TRAINING |
| CIBH | CALIFORNIA INSTITUTE FOR BEHAVIORAL HEALTH |
| CR | COLLEGE OF THE REDWOODS |
| CRC | CULTURAL RESPONSIVENESS COMMITTEE |
| CRT | CRISIS RESIDENTIAL TREATMENT |
| CSET | COMMUNITY SAFETY ENGAGEMENT TEAM |
| CSU | CRISIS STABILIZATION UNIT |
| CWS | CHILD WELFARE SERVICES |
| C&FS | CHILDREN AND FAMILY SERVICES |
| DHHS | DEPARTMENT OF HEALTH AND HUMAN SERVICES |
| DHCS | DEPARTMENT OF HEALTH CARE SERVICES |

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| DMC | DRUG MEDI-CAL |
| DRP | DUAL RECOVERY PROGRAM |
| EBP | EVIDENCE BASED PRACTICES |
| ERMHS | EDUCATIONALLY RELATED MENTAL HEALTH SERVICES |
| ETD | EMPLOYMENT TRAINING DEPARTMENT |
| EPD | EUREKA POLICE DEPARTMENT |
| FFT | FUNCTIONAL FAMILY THERAPY |
| FURS | FAMILY URGENT RESPONSE SYSTEM |
| HART | HUMBOLDT ALCOHOL RECOVERY TREATMENT |
| HBHDC | HUMBOLDT BAY HOUSING DEVELOPMENT CORPORATION |
| HCPR | HUMBOLDT COUNTY PROGRAMS FOR RECOVERY |
| HCGJ | HUMBOLDT COUNTY GRAND JURY |
| HSU | HUMBOLDT STATE UNIVERSITY |
| HCTAYC | HUMBOLDT COUNTY TRANSITION AGE YOUTH COLLABORATION |
| HCMH | HUMBOLDT COUNTY MENTAL HEALTH |
| HHHC | HUMBOLDT HOUSING AND HOMELESS COALITION |
| HOME | HOMELESS OUTREACH & MOBILE ENGAGEMENT |
| HRC | HUMBOLDT RECOVERY CENTER |
| HSU | HUMBOLDT STATE UNIVERSITY |
| HVN | HEARING VOICES NETWORK |
| IEP | INDIVIDUAL EDUCATION PLAN (FOR YOUTH WHO MEET EMOTIONAL DISTURBANCE CRITERIA) |
| ISP | INDIVIDUAL PLACEMENT AND SUPPORT |
| IST | INCOMPETENT TO STAND TRIAL |
| ITFC | INTENSIVE THERAPEUTIC FOSTER CARE |
| IY | INCREDIBLE YEARS |
| IHSS | IN HOME SUPPORT SERVICES |
| IOA | INSTITUTE ON AGING |
| IDDT | INTEGRATED DUAL DIAGNOSIS TREATMENT |

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| IST | INCOMPENTENT TO STAND TRIAL |
| LECAH | LAW ENFORCEMENT CHIEFS OF HUMBOLDT |
| LGHH | LET'S GET HEALTHY HUMBOLDT |
| LBHB | LOCAL BEHAVIORAL HEALTH BOARD |
| LGBTQ | LESBIAN GAY BI TRANSGENDER QUEER |
| MAT | MEDICALLY ASSITED TREATMENT |
| MEV | MOBILE ENGAGEMENT VEHICLE |
| MTC | MODIFIED THERAPEUTIC COMMUNITY |
| MTFC | MULTI –DIMENSIONAL TREATMENT FOSTER CARE |
| MHSA | MENTAL HEALTH SERVICES ACT |
| MHSAOAC | MENTAL HEALTH SERVICES ACT OVERSIGHT AND ACCOUNTABILITY COMMISSION |
| MIST | MOBILE INTERVENTION AND SERVICES TEAM |
| MRT | MOBILE RESPONSE TEAM |
| NAMI | NATIONAL ALLIANCE ON MENTAL ILLNESS |
| NFP | NURSE FAMILY PARTNERSHIP |
| OLLI | OSHER LIFELONG LEARNING INSTITUTE |
| OSHDP | OFFICE OF STATEWIDE HEALTH PLANNING AND DEVELOPMENT |
| OTP | OFFENDER TREATMENT PROGRAM |
| PBIS | POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS |
| PEI | PREVENTION AND EARLY INTERVENTION |
| PIT | POINT IN TIME COUNT |
| PCIT | PARENT CHILD INTERACTIVE THERAPY |
| PIP | PERFORMANCE IMPROVEMENT PROJECT |
| PBIS | POSITIVE BEHAVIORAL INTERVENTION SERVICES |
| PRA | PATIENT'S RIGHTS ADVOCATE |
| QPR | QUESTION PERSUADE REFER |
| RF | REGIONAL FACILITY |
| RFQ | REQUEST FOR QUALIFICATIONS |
| ROSE | RURAL OUTREACH SERVICES ENTERPRISE |
| RUPRI | RURAL POLICY RESEARCH INSTITUTE |
| SAPT | SUBSTANCE ABUSE PREVENTION AND TREATMENT |

