

Humboldt County Behavioral Health Board  
**Alcohol and Other Drug (AOD)/ Dual Recovery (DR) Sub Committee Minutes**  
**9-14-17**  
**2:30 P.M. to 3:30 P.M.**

|                            |  |                        |   |
|----------------------------|--|------------------------|---|
| <b>Present at meeting:</b> |  |                        |   |
| Eric Thompson              | BHB: AOD/ DR Sub-committee chairperson,<br>Hope Center | Marguerite Story-Baker | BHB: AOD/ DR Sub-committee<br>chairperson |
| Richard Zacher             | DHHS- HCPR Case Manager                                |                        |   |
| Michelle Thomas            | DHHS Analyst, SUD                                      |                        |   |
| Jeanine Wilson             | AJ's Transitional Living                               |                        |   |
| Art Wilson                 | AJ's Transitional Living                               |                        |   |
| Tammie Tully               | DHHS- HMP  |                        |   |

| <b>I. Call to Order</b>  | 2:30pm   | <b>ACTION</b> | <b>PERSON/ DATE</b> |
|--|--|---------------|---------------------|
| <b>II. Introductions</b>   |  |               |                     |
| <b>III. Approval of Agenda</b>   | Approved   |               |                     |
| <b>IV. Approval of Minutes</b>   | Approved by Eric Thompson  |               |                     |
| <b>V. Topics for Discussion:</b><br>A. <b>Adverse Childhood experiences</b><br><br>B. <b>Relaxed view of alcohol</b><br><br>C. <b>Social Isolation</b> | These topics were not discussed as new business and recent articles were discussed |               |                     |

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| <p><b>VI. New Business</b></p> <p>A. Housing for seriously mentally ill</p> <p>B. Times Standard Articles</p> <p>C. Multi-service Center in McKinleyville</p> <p>D. Recovery Happens event in Sacramento</p> | <p>A. Housing the seriously mentally ill in a way they can cope and succeed was discussed. Problems related to this issue were discussed Ex. Premature discharges from Sempervirens</p> <p>B. Two articles in the Times Standard this week were the closure of the Blue Heron Motel in Eureka, and the fact that 1/5 arrests in Humboldt County are drunk in public. The funding for the jail's mental health unit has been stopped by the shortfall in the sheriff's budget. The building of a new unit for the mentally ill has been canceled.</p> <p>C. Committee members would like to know any updates on the Multi-service Center in McKinleyville that was proposed earlier this year. It received negative community reaction.</p> <p>D. AJ's Living brought clients to this event. It was great for networking and seeing other counties. Unfortunately, the politicians and media were busy across the field with a DACA event held at the same time. One of the AJ's Living clients had a breakthrough in recovery with the exposure of the world beyond Humboldt. Art and Jeanine were grateful to have shared in this moment.</p> |  |  |
| <b>Adjournment</b>   | 3:30pm   |  |  |
| <b>Respectfully submitted by</b>   | Michelle Thomas  |  |  |

Draft Prepared by: Michelle Thomas

Date: 10/11/17

Draft Approved by: Eric Thompson

Date: 10/12/2017