

HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD MEETING

June 22, 2023

12:15-2:15 pm

Meeting via Zoom and In person

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| Members present: | Tim Ash, Vernon Price, Gardner Carlson, Tim Doty, Danette Kellerman, Alissa Norman, Debbie Hartridge, Oscar Mogollon | | |
| Members excused: | Allison Tans, Colleen Broderick, Laura Montagna | | |
| Members absent | Madison Flynn | | |
| Members attending remotely | Steve Madrone, Katherine Smith, Leonor Rameriz | | |
| Guests present: | Lea Nagy, Katy Wilson, Edith Fritzsche, Jermaine Brubaker, Marabeth Madsen | | |
| Staff present: | Joe McManus, Executive Secretary; Jack Breazeal, Deputy Director; Paul Bugnacki, Deputy Director; Laurel Johnson, Staff Services Analyst; Sharon Wolf, Legislative Analyst; Laura Coulter, Secretary; Nancy Starck, Legislative Manager; Connie Beck, DHHS Director, Emi Botzler-Rodgers, Behavioral Health Director; Jeremy Nilsen, Deputy Branch Director; Kristin Smith, Health Education Specialist, Kat Soderholm, Administrative Analyst; Robert Ward, Housing Coordinator | | |
| TOPIC | DISCUSSION | ACTION/FOLLOW UP | PERSON RESPONSIBLE |
| 1. Call to Order | Meeting called to order at 12:15 pm | Informational | |
| 2. Roll Call | All members, staff and guests introduced. | Informational | |
| 3. Adjustments to the Agenda | None. | | |
| 4. Public Comments | a) Katy Wilson reported that there is a DHCS Webinar today at 3:30. It will have information on upcoming changes to MHSA funding and other Behavioral Health funding. b) Lea Nagy reported that the City of Eureka held another Town Hall on homelessness recently and there is another one scheduled in September on Substance Use Disorders. | Informational | |
| 5. Discussion Items a) SB43 | a) Nancy Starck reported she is here to give the Board information on SB43 which looks to redefine “ Gravely Disabled” as a condition in which a person as the result of a mental health disorder or substance use disorder or both is at a substantial risk of serious harm or is currently experiencing serious harm to their physical or mental health. b) Paul Bugnacki reported that SV and CSU are currently designated facilities. MRT, Crisis Teams and MDs at the ERs can also write and rescind 5150 holds. Staff tries to find beds for persons to be treated. Patients are moved from the ERs to SV or CSU or the least restrictive facility. Staff work to find the best discharge option for the | Informational | |

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| 5. Discussion Items a) SB43 | <p>the patients on SV and CSU. SB43 would change who is gravely disabled. The definition in the new law would define gravely disabled as a condition in which a person as a result of mental disorder or a substance use disorder or both is currently experiencing serious harm to their physical or mental health, or is at substantial risk of serious harm.</p> <p>c) If SB43 were to pass it could change how the county deals with new patients. There is a lack of facilities, beds and staff. Most who oppose the bill have concerns with adding SUD into gravely disabled. There are also issues with Liberty and Equity as more Latinos and Black residents are on 5150 holds.</p> <p>d) Tim Ash reported that the bill is a start as new facilities for treatment are not going to be built right away. Alissa Norman reported that at the CIT training she attended Law Enforcement is not trying to arrest more people. Without new facilities most of the those held under the new law would probably end up in jail. Nancy Starck reported the bill is still in process and must pass by September 1st to go to the Governor's desk for final approval. Those in support of the bill include Mayors, Psychiatrists, NAMI CA and the Governor. Supporters say the current definition of Grave disability does not accurately reflect the realities in the communities. The Board will vote today on whether to include SB43 in the letter of support to the BOS with the other bills they support.</p> | Informational | |
| 6. Action Items a) Approval of Minutes from the 5/25/23 meeting | a) Minutes from the last meeting on 5/25/23 were submitted for review and approval. | Unanimously approved. To be posted on the webpage. | Joe McManus |
| 6. Action Items b) Election of Officers | a) Chair Tim Doty reported that Slate of Officers for election are: Laura Montagna, Chair; Tim Doty, 1 st Vice Chair and Alissa Norman, 2 nd Vice Chair. Anyone else that is interested in one of the positions can be added. | Unanimously approved. The new slate of officers will take office in July 2023. | |
| 6. Action Items c) Approval of Legislative ad hoc committee letter to BOS | a) The Board to vote on whether they approve the letter to the BOS for support of the legislative bills. The bills are SB 665, AB1437, SB45 and. | | |

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| 6. Action Items c) Approval of Legislative ad hoc committee letter to BOS | AB67 and SB63. The Board is voting today if it wants to include support of SB43 with the other bills in the letter | | |
| 6. Action Items c) Approval of Legislative ad hoc committee letter to the BOS | b) The Board had a discussion on SB43 and asked questions to staff about the proposed bill. There is support for SB43 if the SUD section is removed and Co- Occurring disorders remains. Can the Board write 2 letters to the BOS, one in support of the other bills and one with support of SB43 with their concerns listed ? Oscar Mogollon reported it is not perfect but there is a need for more services. Debbie Hartridge reported treatment is important and expanding gravely disabled is important. Tim Doty reported forced treatment for SUD issues doesn't work. Vernon Price reported that he cannot support the inclusion of SB43 in the letter to the BOS. | Unanimously approved. The Board approves adding SB43 to the letter of support to the BOS with the changes to SUD treatment for grave disability. | Tim Doty Tim Ash Laura Montagna Nancy Starck |
| 6. Action Items d) Approval of Medical Leave of Absence for Allison Tans | a) Tim Doty reported that Allison Tans has requested a six month leave of absence for medical reasons. | Unanimously approved. | |
| 7. Communications | a) Vernon Price reported he attended the CALBHBC training for effective board members and he is concerned over some of the things he said in the past and offered an apology to staff. b) Danette Kellerman reported that the Recovery Happens picnic is scheduled for September at Sequoia Park in Eureka. Board members can contact her for more information. c) Debbie Hartridge reported that NAMI is interested in tabling at local events in the community. d) Lea Nagy reported that there are new NAMI support groups for clients and family members. e) Oscar Mogollon reported that there was an innovation section in the MHSA 3 year plan that was submitted to the Board last month and he would like to look into providing transportation and healthy foods that is needed for clients | Informational | |

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| 8. Reports a) DHHS Director | a) Connie Beck reported that the Navigation Center proposal will go to the BOS on 7/11. Still working on questions from the property owner regarding insurance for the center. She can do another presentation on this at a future meeting. Once the lease is signed there will be community meetings on this. | Informational | |
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| 8. Reports b) Behavioral Health Director | a) Emi Botzler-Rodgers reported that the MHSA 3-year plan is scheduled to go to the BOS next week on 6/27. | Informational | |
| 8. Reports c) AOT update | a) Jack Breazeal reported AOT continues to move forward with EA Services. Outreach and engagement continues and they are seeing good results. Can update the Board again in the Fall. | Informational | |
| 9 Reports d) Committees | No report. | | |
| 8. Reports e) Chair/Vice Chair | a) Tim Doty reported that he would like to get another Navigation Center update at the meeting in July. b) Tim Doty reported that Mark Lamers has given presentations in the past on clients in crisis and can do this without HIPPA issues. c) Tim Ash reported that he spoke with Crestwood and they are interested in getting speakers from Behavioral Health and NAMI. Lea Nagy reported she did this previously. Paul Bugnacki reported that his programs are short staffed and it would be hard to do this at this time. Lea said she would follow up with NAMI on this to see if they could provide speakers to Crestwood. | Informational | |
| 9. Unfinished Business a) CARE Court | No report | | |
| 9. Unfinished Business b) Navigation Center | Connie Beck reported that the Navigation Center proposal will go to the BOS on 7/11. Still working on questions from the property owner regarding insurance for the center. She can do another presentation on this at a future meeting. Once the lease is signed there will be community meetings on this. | | |
| 10.Future Items | No report | | |

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| 11.Adjournment | Meeting adjourned at 2:15 pm | | |
| Minutes submitted by: Joe McManus Submitted to: BHB | | | |
| ACROYNMS - Updated 7/17/23 | | | |
| ACA | AFFORDABLE CARE ACT | | |
| ACES | ADVERSE CHILDHOOD EXPERIENCES | | |
| AFHHA | AFFORDABLE HOMELESS HOUSING ALTERNATIVES | | |
| ADHD | ATTENTION DEFICIT HYPERACTIVITY DISORDER | | |
| ADCS | ALCOHOL DRUG CARE SERVICES | | |
| AHP | ARCATA HOUSE PARTNERSHIP | | |
| AIDET | ACKNOWLEDGE INTRODUCE DURATION EXPLANATION THANK YOU | | |
| APD | ARCATA POLICE DEPARTMENT | | |
| ART | AGRESION REPLACEMENT THERAPY | | |
| AOD/DR | ALCOHOL AND OTHER DRUG DUAL RECOVERY | | |
| ATP | ADOLESCENT TREATMENT PROGRAM | | |
| AOT | ASSISTED OUTPATIENT TREATMENT (LAURA'S LAW) | | |

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| ASAP | ALLIES FOR SUBSTANCE ABUSE PREVENTION | | |
| ASIST | APPLIED SUICIDE INTERVENTION SKILLS TRAINING | | |
| ASOC | ADULT SYSTEM OF CARE | | |
| BOS | BOARD OF SUPERVISORS | | |
| CAEQRO | CALIFORNIA EXTERNAL QUALITY REVIEW ORGANIZATION | | |
| CALBHBC | CALIFORNIA ASSOCIATION OF LOCAL BEHVIORAL HEALTH BOARDS AND COMMISSIONS | | |
| CALFHA | CA HOUSING FINANCE AGENCY | | |
| CANS | CHILD AND ADOLESCENT NEEDS (TRAINING) | | |
| CARF | COMMISSION ON ACCREDITATION OF REHABILITATION FACILITES | | |
| CCRC | COMMUNITY CORRECTIONS RESOURCE CENTER | | |
| CFMG | CALIFORNIA FORENSIC MEDICAL GROUP | | |
| CMHACY | CA MENTAL HEALTH ADVOCATES FOR CHILDREN AND YOUTH | | |
| CBHDA | CALIFORNIA BEHAVIORAL HEALTH DIRETORS ASSOCIATION | | |
| CBH | CHILDREN’S BEHAVIORAL HEALTH | | |

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| CMS | CENTERS FOR MEDICARE AND MEDICAID SERVICES |
| CCP | COMMUNITY CORRECTIONS PARTNERSHIP |
| CCRC | COMMUNITY CORRECTIONS RESOURCE CENTER |
| CCRP | CA CENTER FOR RURAL POLICY |
| CCT | COMPREHENSIVE COMMUNITY TREATMENT |
| CIT | CRISIS INTERVENTION TRAINING |
| CIBH | CALIFORNIA INSTITUTE FOR BEHAVIORAL HEALTH |
| CR | COLLEGE OF THE REDWOODS |
| CRC | CULTURAL RESPONSIVENESS COMMITTEE |
| CRT | CRISIS RESIDENTIAL TREATMENT |
| CSET | COMMUNITY SAFETY ENGAGEMENT TEAM |
| CSU | CRISIS STABILIZATION UNIT |
| CWS | CHILD WELFARE SERVICES |
| C&FS | CHILDREN AND FAMILY SERVICES |
| DHHS | DEPARTMENT OF HEALTH AND HUMAN SERVICES |
| DHCS | DEPARTMENT OF HEALTH CARE SERVICES |
| DMC | DRUG MEDI-CAL |
| DRP | DUAL RECOVERY PROGRAM |
| EBP | EVIDENCE BASED PRACTICES |
| ERMHS | EDUCATIONALLY RELATED MENTAL HEALTH SERVICES |
| ETD | EMPLOYMENT TRAINING DEPARTMENT |
| EPD | EUREKA POLICE DEPARTMENT |
| FFT | FUNCTIONAL FAMILY THERAPY |
| FURS | FAMILY URGENT RESPONSE SYSTEM |
| HART | HUMBOLDT ALCOHOL RECOVERY TREATMENT |
| HBHDC | HUMBOLDT BAY HOUSING DEVELOPMENT CORPORATION |
| HCPR | HUMBODLT COUNTY PROGRAMS FOR RECOVERY |

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| HCGJ | HUMBODLT COUNTY GRAND JURY |
| HSU | HUMBODLT STATE UNIVERSITY |
| HCTAYC | HUMBOLDT COUNTY TRANSTION AGE YOUTH COLLABORATION |
| HCMH | HUMBOLDT COUNTY MENTAL HEALTH |
| HHHC | HUMBOLDT HOUSING AND HOMELESS COALITION |
| HOME | HOMELESS OUTREACH & MOBILE ENGAGEMENT |
| HRC | HUMBOLDT RECOVERY CENTER |
| HSU | HUMBODLT STATE UNIVERSITY |
| HVN | HEARING VOICES NETWORK |
| IEP | INDIVIDUAL EDUCATION PLAN (FOR YOUTH WHO MEET EMOTIONAL DISTIRBANCE CRITERA) |
| ISP | INDIVIDUAL PLACMENT AND SUPPORT |
| IST | INCOMPETENT TO STAND TRIAL |
| ITFC | INTENSIVE THERAPEUTIC FOSTER CARE |
| IY | INCREDIBLE YEARS |
| IHSS | IN HOME SUPPORT SERVICES |
| IOA | INSTITUTE ON AGING |
| IDDT | INTEGRATED DUAL DIAGNOSIS TREATMENT |
| IST | INCOMPENTENT TO STAND TRIAL |
| LECAH | LAW ENFORCEMENT CHIEFS OF HUMBOLDT |
| LGHH | LET'S GET HEALTHY HUMBOLDT |
| LBHB | LOCAL BEHAVIORAL HEALTH BOARD |
| LGBTQ | LESBIAN GAY BI TRANSGENDER QUEER |
| MAT | MEDICALLY ASSITED TREATMENT |
| MEV | MOBILE ENGAGEMENT VEHICLE |
| MTC | MODIFIED THERAPEUTIC COMMUNITY |
| MTFC | MULTI –DIMENSIONAL TREATMENT FOSTER CARE |
| MHSA | MENTAL HEALTH SERVICES ACT |
| MHSAOAC | MENTAL HEALTH SERVICES ACT OVERSIGHT AND ACCOUNTABILITY COMMISSION |

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| MIST | MOBILE INTERVENTION AND SERVICES TEAM |
| MRT | MOBILE RESPONSE TEAM |
| NAMI | NATIONAL ALLIANCE ON MENTAL ILLNESS |
| NFP | NURSE FAMILY PARTNERSHIP |
| OLLI | OSHER LIFELONG LEARNING INSTITUTE |
| OSHPD | OFFICE OF STATEWIDE HEALTH PLANNING AND DEVELOPMENT |
| OTP | OFFENDER TREATMENT PROGRAM |
| PBIS | POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS |
| PEI | PREVENTION AND EARLY INTERVENTION |
| PIT | POINT IN TIME COUNT |
| PCIT | PARENT CHILD INTERACTIVE THERAPY |
| PIP | PERFORMANCE IMPROVEMENT PROJECT |
| PBIS | POSITIVE BEHAVIORAL INTERVENTION SERVICES |
| PRA | PATIENT'S RIGHTS ADVOCATE |
| QPR | QUESTION PERSUADE REFER |
| RF | REGIONAL FACILITY |
| RFQ | REQUEST FOR QUALIFICATIONS |
| ROSE | RURAL OUTREACH SERVICES ENTERPRISE |
| RUPRI | RURAL POLICY RESEARCH INSTITUTE |
| SAPT | SUBSTANCE ABUSE PREVENTION AND TREATMENT |
| SUD | SUBSTANCE USE DISORDERS |
| SAMHSA | SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMISTRATION |
| SDS | SAME DAY SERVICES |
| SOC | SYSTEM OF CARE |
| SV | SEMPERVIRENS |
| TBH | TRADITIONS BEHAVIORAL HEALTH |
| TIP | TRANSITION TO INDEPENENCE PROCESS |
| TAY | TRANSITION AGE YOUTH |
| TFCBT | TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY |

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| UCAF | UNITED ADVOCATES FOR CHILDREN AND FAMILIES |
| WRAP | WELLNESS RECOVERY ACTION PLAN |
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