

HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD MEETING

May 18, 2017

Members present:	Laurie Ruggles, Marianne Pennekamp, , Marguerite Story-Baker, Jana Kirk-Levine, Steven Bridenbaugh		
Members excused:	Tim Ash, Mike Wilson, Marsha Mielke, Eric Thompson, Draven Kellar, Christina Thompson,		
Staff present:	Donna Wheeler, Interim Mental Health Director; Jet Dekruse, Senior Program Manager; Terrance McNally, Public Education Analyst, Jamie Monroe, Analyst; Lara Weiss, Deputy Branch Director; Jeremy Nilsen, Senior Program Manager, Jennifer Blair, Supervising Clinician; Teri Vodden, Senior Program Manager		
Guests present:	GeorgeAnn Wence, Art Wilson, Jeanine Wilson, Ruby Bayan		
TOPIC	DISCUSSION	FOLLOW UP	PERSON RESPONSIBLE
1. Call to Order- 12:15 p.m.	Meeting called to order at 12:15 pm. Since there is not a quorum the action items will be moved to the 6/15/17 meeting agenda.	Informational	
2. Roll Call	All members and staff introduced.	Informational	
3. Adjustments to the Agenda	None		
4. Public Comments	Art Wilson who runs a transitional living facility reported addiction is a mental health issue and would like to build partnership with the BHB and Humboldt County Mental Health.	Informational	
5. Communications	Marguerite Story-Baker reported she is giving report for Eric Thompson who is unable to attend today's meeting. September is Recovery Happens month and wants to remind providers about the event, get some media coverage and do a proclamation from the BOS. The main event is held in Sacramento and it would be good if the county could send some clients to attend the event. Lara Weiss reported that September is also Suicide Prevention month and perhaps one proclamation could be done for both events.	Informational	
6. Action Items: a) Approval of minutes from 4/18/17 meeting	No action. Item will be moved to the 6/15/17 meeting agenda.		
6. Action Items: b) Nominations and Election of Officers for 2017-18	No action. Items will be moved to the 6/15/17 meeting agenda.		
6. Action Items: c) Approval of Data Notebook	No action. Item will be moved to the 6/15/17 meeting agenda.		

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<p>7. Reports: a) AOD Committee</p>	<p>a) Marguerite Story Baker reported she would be giving the Board an update today in place of Eric Thompson. Marguerite reported the committee has been discussing heroin abuse and some of the points she shared with the Board include; Detox followed immediately by at least 90 days of residential treatment that include individual and group treatment, another way is cold turkey and MAT or Medically assisted treatment. In Humboldt County there is one MAT Suboxone treatment program and not methadone treatment programs. Should the county be considering establishing a methadone program and inviting an experienced provide to provide this service? Marguerite also reported that Suboxone is a better than Methadone but is more expensive. Also state wide heroin clients are getting much younger, this is because abuse starts with using pills first from home medicine cabinets to later more expensive pills, then switching to heroin.</p> <p>b) Dr. Ruby Bayan reported there is need for an intensive treatment program for adolescents and she would like to partner with schools, families, family resource centers, providers and the county to get this started. Youth do well in group treatment run by peers. What are the next steps in getting this program started? Need to have discussions with the schools and Jet reported that the schools are doing suicide prevention plans and this could be included. Dr. Bayan reported that ADCS is talking about doing an intensive treatment program. Marguerite reported that Sue Grenfell will be reporting on this at the June or July meeting also. Joe to send out the handout from Marguerite to the Board. A question and answer period followed the discussion.</p>	<p>Informational</p>	
<p>7.Reports: b) DHHS Director</p>	<p>No report.</p>		

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7. Reports: c) Mental Health Director	<p>a) Donna Wheeler reported that the May is Mental Health Month BBQ in Fortuna was held last Saturday and was a lot of fun. There was good turnout for the Mental Health Walk to the Courthouse last week and staff walked, did pushups and Zumba with law enforcement staff. Donna invited the Board to attend the BBQ in Eureka on May 26th at 12:00 noon in Carson Park.</p> <p>b) Donna reported that there will be a new Medical Director starting on June 1st. Dr. Gannon will be coming to Mental Health from TBH and will be moving his family into the area.</p> <p>c) Jennifer Blair reported she is doing a Wellness training for Outpatient staff to try to support staff suffering from burnout and compassion fatigue. Teri Vodden also reported that she will be doing training for Wellness training for staff on SV/CSU soon.</p>	Informational	
7. Reports: d) Chairman/Vice Chairman	No report.		
8. Adjournment and upcoming meetings	The meeting was adjourned at 1:45 pm. The next scheduled meeting is on Thursday June 15, 2017 at 12:15 pm in the Rainbow Room at HCMH.	Informational	
Minutes submitted by: Joe McManus Submitted to: BHB Date Submitted: 4/20/17			
ACROYNMS- Updated 2/17/17			
ACA	AFFORDABLE CARE ACT		
AFHHA	AFFORDABLE HOMELESS HOUSING ALTERNATIVES		
ADHD	ATTENTION DEFICIT HYPERACTIVITY DISORDER		
ADCS	ALCOHOL DRUG CARE SERVICES		
AHP	ARCATA HOUSE PARTNERSHIP		
AIDET	ACKNOWLEDGE INTRODUCE DURATION EXPLANATION THANK YOU		

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APD	ARCATA POLICE DEPARTMENT
ART	AGRESION REPLACEMENT THERAPY
AOD/DR	ALCOHOL AND OTHER DRUG DUAL RECOVERY
ASAP	ALLIES FOR SUBSTANCE ABUSE PREVENTION
ASIST	APPLIED SUICIDE INTERVENTION SKILLS TRAINING
BOS	BOARD OF SUPERVISORS
CAEQRO	CALIFORNIA EXTERNAL QUALITY REVIEW ORGANIZATION
CALMBC	CALIFORNIA ASSOCIATION OF LOCAL MENTAL HEALTH BOARDS AND COMMISSIONS
CALFHA	CA HOUSING FINANCE AGENCY
CANS	CHILD AND ADOLESCENT NEEDS (TRAINING)
CARF	COMMISSION ON ACCREDITATION OF REHABILITATION FACILITES
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER
CFMG	CALIFORNIA FORENSIC MEDICAL GROUP
CMHACY	CA MENTAL HEALTH ADVOCATES FOR CHILDREN AND YOUTH
CMHDA	CALIFORNIA MENTAL HEALTH DIRETORS ASSOCIATION
CMS	CENTERS FOR MEDICARE AND MEDICAID SERVICES
CCP	COMMUNITY CORRECTIONS PARTNERSHIP
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER
CCRP	CA CENTER FOR RURAL POLICY
CCT	COMPREHENSIVE COMMUNITY TREATMENT
CIT	CRISIS INTERVENTION TEAM/CRISIS INTERVENTION TRAIN
CIMH	CALIFORNIA INSTITUTE FOR MENTAL HEALTH
CR	COLLEGE OF THE REDWOODS
CYFS	CHILDREN YOUTH AND FAMILY SERVICES
C&FS	CHILDREN AND FAMILY SERVICES
DHHS	DEPARTMENT OF HEALTH AND HUMAN SERVICES
DHCS	DEPARTMENT OF HEALTH CARE SERVICES
DMC	DRUG MEDI-CAL

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DRP	DUAL RECOVERY PROGRAM
EBP	EVIDENCE BASED PRACTICES
ERMHS	EDUCATIONALLY RELATED MENTAL HEALTH SERVICES
ETD	EMPLOYMENT TRAINING DEPARTMENT
EPD	EUREKA POLICE DEPARTMENT
FFT	FUNCTIONAL FAMILY THERAPY
HART	HUMBOLDT ALCOHOL RECOVERY TREATMENT
HBHDC	HUMBOLDT BAY HOUSING DEVELOPMENT CORPORATION
HCGJ	HUMBODLT COUNTY GRAND JURY
HSU	HUMBODLT STATE UNIVERSITY
HCTAYC	HUMBOLDT COUNTY TRANSTION AGE YOUTH COLLABORATION
HCMH	HUMBOLDT COUNTY MENTAL HEALTH
HHHC	HUMBOLDT HOUSING AND HOMELESS COALITION
HRC	HUMBOLDT RECOVERY CENTER
HSU	HUMBODLT STATE UNIVERSITY
IEP	INDIVIDUAL EDUCATION PLAN (FOR YOUTH WHO MEET EMOTIONAL DISTIRBANCE CRITERA)
ISP	INDIVIDUAL PLACMENT AND SUPPORT
ITFC	INTENSIVE THERAPEUTIC FOSTER CARE
IY	INCREDIBLE YEARS
IHSS	IN HOME SUPPORT SERVICES
IOA	INSTITUTE ON AGING
IDDT	INTEGRATED DUAL DIAGNOSIS TREATMENT
IST	INCOMPENTENT TO STAND TRIAL
LECAH	LAW ENFORCEMENT CHIEFS OF HUMBOLDT
LGHH	LETS GET HEALTHY HUMBOLDT
LBHB	LOCAL BEHAVIORAL HEALTH BOARD
LGBTQ	LESBIAN GAY BI TRANSGENDER QUEER
MEV	MOBILE ENGAGEMENT VEHICLE
MTC	MODIFIED THERAPEUTIC COMMUNITY

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MTFC	MULTI –DIMENSIONAL TREATMENT FOSTER CARE
MHSA	MENTAL HEALTH SERVICES ACT
MHSAOAC	MENTAL HEALTH SERVICES ACT OVERSIGHT AND ACCOUNTABILITY COMMISSION
MIST	MOBILE INTERVENTION AND SERVICES TEAM
NAMI	NATIONAL ALLIANCE ON MENTAL ILLNESS
NFP	NURSE FAMILY PARTNERSHIP
OLLI	OSHER LIFELONG LEARNING INSTITUTE
OSHDP	OFFICE OF STATEWIDE HEALTH PLANNING AND DEVELOPMENT
OTP	OFFENDER TREATMENT PROGRAM
PBIS	POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS
PEI	PREVENTION AND EARLY INTERVENTION
PES	PSYCHIATRIC EMERGENCY SERVICES
PCIT	PARENT CHILD INTERACTIVE THERAPY
PIP	PERFORMANCE IMPROVEMENT PROJECT
PBIS	POSITIVE BEHAVIORAL INTERVENTION SERVICES
PRA	PATIENT’S RIGHTS ADVOCATE
QPR	QUESTION PERSUADE REFER
RF	REGIONAL FACILITY
RFQ	REQUEST FOR QUALIFICATIONS
ROSE	RURAL OUTREACH SERVICES ENTERPRISE
RUPRI	RURAL POLICY RESEARCH INSTITUTE
SAPT	SUBSTANCE ABUSE PREVENTION AND TREATMENT
SUD	SUBSTANCE USE DISORDERS
SAMHSA	SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMISTRATION
SDS	SAME DAY SERVICES
SOC	SYSTEM OF CARE
SV	SEMPERVIRENS
TBH	TRADITIONS BEHAVIORAL HEALTH
TIP	TRANSITION TO INDEPENENCE PROCESS

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TAY	TRANSITION AGE YOUTH
TFCBT	TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY
UCAF	UNITED ADVOCATES FOR CHILDREN AND FAMILIES
WRAP	WELLNESS RECOVERY ACTION PLAN