

HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD MEETING

April 20, 2017

Members present:	Tim Ash, Eric Thompson, Laurie Ruggles, Marianne Pennekamp, , Marguerite Story-Baker, Christina Thompson		
Members excused:	Jana Kirk-Levine Marsha Mielke, Steven Bridenbaugh, Mike Wilson,		
Staff present:	Donna Wheeler, Interim Mental Health Director; Jet Dekruse, Senior Program Manager; Sue Grenfell, Senior Program Manager; Terrance McNally, Public Education Analyst, Leah Lamattina, Social Worker; Kellie Jack, Peer Coach; Connie Beck, DHHS Director; Michael Weiss, Program Manager; Jamie Monroe, Analyst; Dana Murguia, Senior Program Manager; Call Peltier Olson, Social Worker		
Guests present:	Georgeann Wence, Tristen Severins, Draven Kellar		
TOPIC	DISCUSSION	FOLLOW UP	PERSON RESPONSIBLE
1. Call to Order- 12:15 p.m.	Meeting called to order at 12:20 pm	Informational	
2. Roll Call	All members and staff introduced.	Informational	
3. Adjustments to the Agenda	None		
4. Public Comments	None		
5. Communications	<p>a) Eric Thompson reported the AOD/DR committee got a report on Meth use in the community over the last two years and Meth use is increasing. The culture around Meth use is not good and overdoes occur frequently. Domestic violence is high among users along with other crimes also. It is reported that Meth is the 3rd drug of choice in the community after alcohol and heroin. Marianne Pennekamp reported there needs to be more focus on prevention and early intervention to stop the increase in use. Kellie Jack asked not to stigmatize Meth users as this does not help solve the problem.</p> <p>b) Tim Ash reported the League of Women voters recognized Marianne Pennekamp for all he volunteer work at a luncheon last week.</p> <p>c) Kellie Jack reported the May is Mental Health Month schedule of events is complete and some of events this year include barbeques in Eureka, Fortuna and Willow Creek, the Walk to the Courthouse, Zumba, 22 Push up challenge and proclamations from the BOS for Adults on 5/9/17 and for Children's on 5/2/17. Donna thanked Kellie for coordinating all the events this year.</p>	Kellie to send a list of the events not listed on the calendar to Joe to send to the BHB.	Kellie Jack Joe McManus
6. Action Items: a) Approval of minutes from 3/16/17 meeting	a) Minutes from the meeting on 3/16/17 submitted for approval. One change in item three change Stepping up Summit to Data Notebook.	Joe McManus to make edits and post the meeting minutes from the 3/16/17 meeting.	Joe McManus

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6. Action Items: b) Pay Invoice for annual dues to CALMHBC	a) Tim Ash reported that every year the CALMHBC sends out an invoice for yearly dues. The amount of the dues are \$500.00 which does take up the entire budget for the year of the BHB. Marianne Pennekamp reported it would be ok to pay the dues but that a letter should accompany the payment stating the fee should be proportionate to county size and the smaller counties should not pay the same as larger counties.	Unanimously approved to pay annual dues to CALMHBC and send letter asking that smaller counties pay less than larger counties.	Joe McManus
6. Action Items: c) Approval of Nominations for May is Mental Health Month awards	a) Tim Ash reported that this year he will be nominating the Arcata Police Department for the award. The APD has 100% of their officers trained in CIT. Tim will also be nominating the Eureka Police Department and Chief Mills for changes he has made and for implementing the MIST program. Tim is nominating the Mental Health and Correctional staff at the jail also for the work they do. This is a difficult environment to work in and the staff at the jail are very dedicated and are attending the CIT training. Laurie Ruggles reported that she is nominating the Mental Health Mobile Response/Crisis Intervention Team for the work they do in going to the Emergency Rooms to work with clients and family and preventing children from being admitted to the CSU.	Unanimously approved. Tim reported he would like to present the awards at the June meeting so all can attend. Tim will contact APD, EPD and the Correctional staff at the jail to let them know to attend in June.	Tim Ash
6. Action Items d) Approval of letter of support to build a mental health wing at the jail using SB 1022 funds	a) Tim Ash reporter that this is a letter of support for adding a mental health wing onto the proposed jail expansion. This would be more humane for those in the jail in solitary confinement. So severely mentally ill clients in the jail can wait up to nine months for a bed at the state hospital. The current design of the jail is outdated and those in solitary confinement often are alone in their cell for over 23 hours. The expansion would increase flexibility and more staff would be needed. Marianne Pennekamp reported she fears that since there will be 30 more beds in the jail that more clients will be put there and that there needs to be emphasis on improving outpatient services also. Marianne reported she cannot approve this without assurances that the mentally ill will not be criminalized. Connie Beck reported this would help the clients currently in the jail and that Prevention also needs to be part of the program in the jail.	Unanimously approved. Tim will write the letter.	Tim Ash

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6. Action Items e) Data Notebook	a) Laurie Ruggles reported that the C&FS committee has been meeting often with staff and HCTAYC members to go over the Data Notebook that was sent from the Mental Health Planning Council. A summary of the Data Notebook was distributed by Jamie Monroe from C&FS. Laurie reported she would like to ask for another extension or the draft document could be sent and she would like for a full presentation at the May meeting.	Approved. Joe will asked the Mental Health Planning Council for an extension for after the May meeting and there will be presentation on the Data Notebook at the May meeting.	Joe McManus
6. Action Items f) Approval to forward Membership Application of Draven Keller to the BOS	a) Laurie Ruggles reported that she and Tim Ash interviewed Draven Kellar and are recommending his application be sent to the BOS for final approval so he can become a member of the Board.	Unanimously approved. Agenda item scheduled to go to the BOS on 5/16/17.	Joe McManus
8. Reports: a) AOD Committee	a) Due to lack of time Sue Grenfell will give her report at the May meeting.		
8. Reports: b) DHHS Director	a) DHHS Director Connie Beck reported that since the last meeting Dr. Bayan has left Mental Health and is back working with ADCS. A candidate for the Medical Director position was interviewed last week and given a tour of SV/CSU, Jail, CCT, Hope Center and C&FS and the candidate looks very promising. The Medical Director candidate is a TBH member and Connie and Donna have phone call today to discuss with TBH.	Informational	
8. Reports: c) Mental Health Director	No report.		
8. Reports: d) Chairman/Vice Chairman	No report.		
10. Adjournment and upcoming meetings	The meeting was adjourned at 1:45 pm. The next scheduled meeting is on Thursday May 18 th at 12:15 pm in the Rainbow Room at HCMH.	Informational	
Minutes submitted by: Joe McManus Submitted to: BHB Date Submitted: 4/20/17			

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ACROYNMS- Updated 2/17/17	
ACA	AFFORDABLE CARE ACT
AFHHA	AFFORDABLE HOMELESS HOUSING ALTERNATIVES
ADHD	ATTENTION DEFICIT HYPERACTIVITY DISORDER
ADCS	ALCOHOL DRUG CARE SERVICES
AHP	ARCATA HOUSE PARTNERSHIP
AIDET	ACKNOWLEDGE INTRODUCE DURATION EXPLANATION THANK YOU
APD	ARCATA POLICE DEPARTMENT
ART	AGRESION REPLACEMENT THERAPY
AOD/DR	ALCOHOL AND OTHER DRUG DUAL RECOVERY
ASAP	ALLIES FOR SUBSTANCE ABUSE PREVENTION
ASIST	APPLIED SUICIDE INTERVENTION SKILLS TRAINING
BOS	BOARD OF SUPERVISORS
CAEQRO	CALIFORNIA EXTERNAL QUALITY REVIEW ORGANIZATION
CALMBC	CALIFORNIA ASSOCIATION OF LOCAL MENTAL HEALTH BOARDS AND COMMISSIONS
CALFHA	CA HOUSING FINANCE AGENCY
CANS	CHILD AND ADOLESCENT NEEDS (TRAINING)
CARF	COMMISSION ON ACCREDITATION OF REHABILITATION FACILITES
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER
CFMG	CALIFORNIA FORENSIC MEDICAL GROUP
CMHACY	CA MENTAL HEALTH ADVOCATES FOR CHILDREN AND YOUTH
CMHDA	CALIFORNIA MENTAL HEALTH DIRETORS ASSOCIATION
CMS	CENTERS FOR MEDICARE AND MEDICAID SERVICES
CCP	COMMUNITY CORRECTIONS PARTNERSHIP
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER
CCRP	CA CENTER FOR RURAL POLICY
CCT	COMPREHENSIVE COMMUNITY TREATMENT

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CIT	CRISIS INTERVENTION TEAM/CRISIS INTERVENTION TRAIN
CIMH	CALIFORNIA INSTITUTE FOR MENTAL HEALTH
CR	COLLEGE OF THE REDWOODS
CYFS	CHILDREN YOUTH AND FAMILY SERVICES
C&FS	CHILDREN AND FAMILY SERVICES
DHHS	DEPARTMENT OF HEALTH AND HUMAN SERVICES
DHCS	DEPARTMENT OF HEALTH CARE SERVICES
DMC	DRUG MEDI-CAL
DRP	DUAL RECOVERY PROGRAM
EBP	EVIDENCE BASED PRACTICES
ERMHS	EDUCATIONALLY RELATED MENTAL HEALTH SERVICES
ETD	EMPLOYMENT TRAINING DEPARTMENT
EPD	EUREKA POLICE DEPARTMENT
FFT	FUNCTIONAL FAMILY THERAPY
HART	HUMBOLDT ALCOHOL RECOVERY TREATMENT
HBHDC	HUMBOLDT BAY HOUSING DEVELOPMENT CORPORATION
HCGJ	HUMBOLDT COUNTY GRAND JURY
HSU	HUMBOLDT STATE UNIVERSITY
HCTAYC	HUMBOLDT COUNTY TRANSITION AGE YOUTH COLLABORATION
HCMH	HUMBOLDT COUNTY MENTAL HEALTH
HHHC	HUMBOLDT HOUSING AND HOMELESS COALITION
HRC	HUMBOLDT RECOVERY CENTER
HSU	HUMBOLDT STATE UNIVERSITY
IEP	INDIVIDUAL EDUCATION PLAN (FOR YOUTH WHO MEET EMOTIONAL DISTURBANCE CRITERIA)
ISP	INDIVIDUAL PLACEMENT AND SUPPORT
ITFC	INTENSIVE THERAPEUTIC FOSTER CARE
IY	INCREDIBLE YEARS
IHSS	IN HOME SUPPORT SERVICES
IOA	INSTITUTE ON AGING

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IDDT	INTEGRATED DUAL DIAGNOSIS TREATMENT
IST	INCOMPENTENT TO STAND TRIAL
LECAH	LAW ENFORCEMENT CHIEFS OF HUMBOLDT
LGHH	LETS GET HEALTHY HUMBOLDT
LBHB	LOCAL BEHAVIORAL HEALTH BOARD
LGBTQ	LESBIAN GAY BI TRANSGENDER QUEER
MEV	MOBILE ENGAGEMENT VEHICLE
MTC	MODIFIED THERAPEUTIC COMMUNITY
MTFC	MULTI –DIMENSIONAL TREATMENT FOSTER CARE
MHSA	MENTAL HEALTH SERVICES ACT
MHSAOAC	MENTAL HEALTH SERVICES ACT OVERSIGHT AND ACCOUNTABILITY COMMISSION
MIST	MOBILE INTERVENTION AND SERVICES TEAM
NAMI	NATIONAL ALLIANCE ON MENTAL ILLNESS
NFP	NURSE FAMILY PARTNERSHIP
OLLI	OSHER LIFELONG LEARNING INSTITUTE
OSHPD	OFFICE OF STATEWIDE HEALTH PLANNING AND DEVELOPMENT
OTP	OFFENDER TREATMENT PROGRAM
PBIS	POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS
PEI	PREVENTION AND EARLY INTERVENTION
PES	PSYCHIATRIC EMERGENCY SERVICES
PCIT	PARENT CHILD INTERACTIVE THERAPY
PIP	PERFORMANCE IMPROVEMENT PROJECT
PBIS	POSITIVE BEHAVIORAL INTERVENTION SERVICES
PRA	PATIENT’S RIGHTS ADVOCATE
QPR	QUESTION PERSUADE REFER
RF	REGIONAL FACILITY
RFQ	REQUEST FOR QUALIFICATIONS
ROSE	RURAL OUTREACH SERVICES ENTERPRISE
RUPRI	RURAL POLICY RESEARCH INSTITUTE

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SAPT	SUBSTANCE ABUSE PREVENTION AND TREATMENT
SUD	SUBSTANCE USE DISORDERS
SAMHSA	SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION
SDS	SAME DAY SERVICES
SOC	SYSTEM OF CARE
SV	SEMPERVIRENS
TBH	TRADITIONS BEHAVIORAL HEALTH
TIP	TRANSITION TO INDEPENDENCE PROCESS
TAY	TRANSITION AGE YOUTH
TFCBT	TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY
UCAF	UNITED ADVOCATES FOR CHILDREN AND FAMILIES
WRAP	WELLNESS RECOVERY ACTION PLAN