

HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD MEETING

March 23, 2023

12:15-2:15 pm

Meeting via Zoom

Members present:	Tim Ash, Allissa Norman, Vernon Price, Oscar Mogollon, Collen Broderick, Laura Montagna, Gardner Carlson, Katherine Smith		
Members excused:	Tim Doty, Debbie Hartridge		
Members absent	None		
Members attending remotely	Danette Kellerman, Steve Madrone, Allison Tans, Madison Flynn		
Guests present:	Katy Wilson, Lenor Rameriz, Brianna Sherlock		
Staff present:	Joe McManus, Executive Secretary; Sonya Levy-Boyd, Supervising Clinician; Christine Messinger, Media Analyst; Jack Breazeal, Deputy Director; Paul Bugnacki, Deputy Director; Laurel Johnson, Staff Services Analyst; Sharon Wolf, Legislative Analyst; Martin Stephan, Senior Program Manager; Laura Coulter, Secretary; Oliver Gonzalez, Program Manager; Nancy Starck, Legislative Manager; Kristen Smith, Education Specialist		
TOPIC	DISCUSSION	ACTION/FOLLOW UP	PERSON RESPONSIBLE
1. Call to Order	Meeting called to order at 12:15 pm by Laura Montagna.		
2. Roll Call	All members, staff and guests introduced.		
3. Adjustments to the Agenda	None		
4. Public Comments	a) Katy Wilson reported that there was a Eureka Town Hall meeting and it went well and she made specific suggestions to Behavioral Health and the BOS. One of the suggestions was to have patients go to CSU directly instead of going to the ERs on 5150 since COVID is over. She wrote a letter to the BOS on this. This would allow ERs to treat medical emergencies and having patients wait in the ERs is not good as they can become assaultive.	Informational	
5. Action Items a) Approval of Minutes from the 2/23/23 meeting	a) Minutes from the last meeting on 2/23/23 were submitted for review and approval.	Unanimously approved to be posted on the web page.	Joe McManus
5. Action Items b) Approval of Membership application for Lenor Rameriz	a) Lenor Rameriz introduced herself to the board. She lives and works in Southern Humboldt, and has 17 years of experience working in mental health and SUD/Dual Diagnosis. She is currently working at the hospital in Southern Humboldt.	Unanimously approved. Application to be sent to the BOS.	Joe McManus
5. Action Items c) Approval of Membership Application for Virginia Bass	a) Laura Montagna reported that she has interviewed Virginia and she has a lot of experience working on Boards and previously served on the BHB as a member of the BOS.	Unanimously approved. Application to be sent to the BOS.	Joe McManus

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5. Action Items d) Letter of Support for AOT	a) Tim Ash reported at the last meeting there was discussion about an AOT presentation to the BOS and Tim thought it would be good to have the BHB write a letter of support. Jack Breazeal reported that presentation is scheduled for 4/4/23. Clients are getting services and stability and EA Family Services is tracking clients. AOT is an unfunded mandate from the state so looking at cost savings. Jack reported there are currently 8-9 clients. Most referrals are coming from the EPD and there are also internal referrals.	Unanimously approved. Tim Ash will work with Gardner Carlson on the letter of support to the BOS.	Tim Ash Gardner Carlson
6. Discussion Items a) Services and Programs	a) Jack Breazeal reported that state law outlined the process for clients not willing to receive voluntary services. AOT works to identify clients who meet criteria and works with the courts. The clients need to be taking their medications and follow the treatment plan. Alissa Norman asked what is the difference between CARE Court and AOT. b) Nancy Starck reported that AOT is different from CARE Court in that AOT is initiated by County Behavioral Health, CARE Court may also be initiated on a petition to the court by family members, service providers, hospital, law enforcement and other authorized parties. CARE Court participants must have a diagnosis under schizophrenia spectrum and other psychotic disorders; AOT does not specify diagnosis (other than serious and persistent mental illness). CARE court is mandatory in all counties; AOT has an opt out.	Informational	
6. Discussion Items b) Form 700s due April 3, 2023	a) Laura Montagna reported that the annual form 700s are due on April 3- 2023. There are hard copies at the meeting for members to complete.	Informational	
7. Communications	a) Tim Ash reported he would like the ad hoc committee on Legislation to meet again and asked what Board members are interested in participating. Colleen Broderick, Oscar Mogollon, Gardner Carlson and Alissa Norman are all interested. Tim will contact them about setting up a meeting with Nancy Starck. b) Colleen Broderick reported she is concerned that people with Dementia and Autism are not getting services. Need to get people with developmental disabilities services.	Tim Ash will work with interested Board members and staff and get Legislative Committee meeting scheduled.	Tim Ash

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7. Communications	<p>b) An ad hoc committee will be started to look at patients with developmental disabilities who need to get services. Colleen and Alissa will start this committee.</p> <p>c) Vernon Price reported that he will be coordinating the ad hoc committee to look at the Hope Center. This has been approved by the Executive Committee and three meetings have been scheduled in April. They will be looking at funding, grants, staffing and facilities.</p> <p>d) Gardner Carlson reported he is working on an idea for sponsorships at the education hub at Cal Poly Humboldt and CR. This would be for sponsorships for employment for Social Workers, RNs and PhDs.</p> <p>e) Katherine Smith reported it would be good to shift back to the pre-COVID model of having patients go to the CSU or SV instead of going to the ERs first.</p> <p>f) Lean Nagy reported that KEET TV has done a documentary on Suicide. She participated in the Eureka Town Hall meeting on mental health and it was well attended. She is working with Waterfront Recovery to develop programs. She is coordinating the Family Advisory Board and is working on a brochure for families. She also has three support groups during the week. NAMI has donated \$500 for books for SV.</p> <p>g) Colleen Broderick reported she is concerned with lack of services for the homeless elderly population. More geriatric care is needed. She would like to start an ad hoc committee to look at this.</p> <p>h) Oscar Mogollon reported he is working with the food hub in Arcata and bulk purchases can be made for those needing food support. The food hub can also make donations.</p>	Colleen and Alissa to work on setting up an ad hoc committee to look at services for clients with developmental disabilities.	Colleen Broderick Alissa Norman
8. Reports a) DHHS Director	None		
8. Reports b) Behavioral Health Director	<p>a) Paul Bugnacki reported there are a lot of changes coming in the payment reform process and QI is working with staff to roll out the changes.</p> <p>b) Behavioral Health will be changing the EHR form Avatar to SmartCare</p>	Informational	

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8.Reports b) Behavioral Health Director	b) IS, Medical Records and QI staff are all working on the new EHR rollout. c) Paul reported staffing remains low in some programs. SV and CSU staffing has stabilized and is more consistent. There is a good rotation of doctors on SV and Outpatient and they are meeting timeliness standards. d) Martin Stephan reported the Children's Behavioral Health is getting a lot of referrals and is trying to start more groups and staffing has gotten better.	Informational	
8. Reports c) AOT update	None		
8. Reports d) Committees	None		
8.Reports e) Chair/Vice Chair	a) Laura Montagna reported that the collaborative town hall meeting between City of Eureka and Behavioral Health went well and they are looking forward to more meetings.	Informational	
9. Unfinished Business a) Navigation Center	a) Laurel Johnson reported that there is an item to go to the BOS on April 4 th about the Navigation Center.	Informational	
9. Unfinished Business b)CARE Court	None		
10.Future Items	None		
11.Adjournment	Meeting adjourned at 1:45 pm		
Minutes submitted by: Joe McManus Submitted to: BHB			

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ACROYNMS- Updated 10/18/22			
ACA	AFFORDABLE CARE ACT		
ACES	ADVERSE CHILDHOOD EXPERIENCES		
AFHHA	AFFORDABLE HOMELESS HOUSING ALTERNATIVES		
ADHD	ATTENTION DEFICIT HYPERACTIVITY DISORDER		
ADCS	ALCOHOL DRUG CARE SERVICES		
AHP	ARCATA HOUSE PARTNERSHIP		
AIDET	ACKNOWLEDGE INTRODUCE DURATION EXPLANATION THANK YOU		
APD	ARCATA POLICE DEPARTMENT		
ART	AGRESION REPLACEMENT THERAPY		
AOD/DR	ALCOHOL AND OTHER DRUG DUAL RECOVERY		
ATP	ADOLESCENT TREATMENT PROGRAM		
AOT	ASSISTED OUTPATIENT TREATMENT (LAURA'S LAW)		
ASAP	ALLIES FOR SUBSTANCE ABUSE PREVENTION		
ASIST	APPLIED SUICIDE INTERVENTION SKILLS TRAINING		
ASOC	ADULT SYSTEM OF CARE		

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BOS	BOARD OF SUPERVISORS		
CAEQRO	CALIFORNIA EXTERNAL QUALITY REVIEW ORGANIZATION		
CALBHBC	CALIFORNIA ASSOCIATION OF LOCAL BEHVIORAL HEALTH BOARDS AND COMMISSIONS		
CALFHA	CA HOUSING FINANCE AGENCY		
CANS	CHILD AND ADOLESCENT NEEDS (TRAINING)		
CARF	COMMISSION ON ACCREDITATION OF REHABILITATION FACILITES		
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER		
CFMG	CALIFORNIA FORENSIC MEDICAL GROUP		
CMHACY	CA MENTAL HEALTH ADVOCATES FOR CHILDREN AND YOUTH		
CBHDA	CALIFORNIA BEHAVIORAL HEALTH DIRETORS ASSOCIATION		
CBH	CHILDREN'S BEHAVIORAL HEALTH		
CMS	CENTERS FOR MEDICARE AND MEDICAID SERVICES		
CCP	COMMUNITY CORRECTIONS PARTNERSHIP		
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER		
CCRP	CA CENTER FOR RURAL POLICY		
CCT	COMPREHENSIVE COMMUNITY TREATMENT		
CIT	CRISIS INTERVENTION TRAINING		
CIBH	CALIFORNIA INSTITUTE FOR BEHAVIORAL HEALTH		

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CR	COLLEGE OF THE REDWOODS		
CRT	CRISIS RESIDENTIAL TREATMENT		
CSET	COMMUNITY SAFETY ENGAGEMENT TEAM		
CSU	CRISIS STABILIZATION UNIT		
CWS	CHILD WELFARE SERVICES		
C&FS	CHILDREN AND FAMILY SERVICES		
DHHS	DEPARTMENT OF HEALTH AND HUMAN SERVICES		
DHCS	DEPARTMENT OF HEALTH CARE SERVICES		
DMC	DRUG MEDI-CAL		
DRP	DUAL RECOVERY PROGRAM		
EBP	EVIDENCE BASED PRACTICES		
ERMHS	EDUCATIONALLY RELATED MENTAL HEALTH SERVICES		
ETD	EMPLOYMENT TRAINING DEPARTMENT		
EPD	EUREKA POLICE DEPARTMENT		
FFT	FUNCTIONAL FAMILY THERAPY		
FURS	FAMILY URGENT RESPONSE SYSTEM		
HART	HUMBOLDT ALCOHOL RECOVERY TREATMENT		
HBHDC	HUMBOLDT BAY HOUSING DEVELOPMENT CORPORATION		
HCPR	HUMBOLDT COUNTY PROGRAMS FOR RECOVERY		
HCGJ	HUMBOLDT COUNTY GRAND JURY		
HSU	HUMBOLDT STATE UNIVERSITY		
HCTAYC	HUMBOLDT COUNTY TRANSITION AGE YOUTH COLLABORATION		
HCMH	HUMBOLDT COUNTY MENTAL HEALTH		
HHHC	HUMBOLDT HOUSING AND HOMELESS COALITION		
HOME	HOMELESS OUTREACH & MOBILE ENGAGEMENT		
HRC	HUMBOLDT RECOVERY CENTER		

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HSU	HUMBOLDT STATE UNIVERSITY
HVN	HEARING VOICES NETWORK
IEP	INDIVIDUAL EDUCATION PLAN (FOR YOUTH WHO MEET EMOTIONAL DISTIRBANCE CRITERA)
ISP	INDIVIDUAL PLACMENT AND SUPPORT
IST	INCOMPETENT TO STAND TRIAL
ITFC	INTENSIVE THERAPEUTIC FOSTER CARE
IY	INCREDIBLE YEARS
IHSS	IN HOME SUPPORT SERVICES
IOA	INSTITUTE ON AGING
IDDT	INTEGRATED DUAL DIAGNOSIS TREATMENT
IST	INCOMPENTENT TO STAND TRIAL
LECAH	LAW ENFORCEMENT CHIEFS OF HUMBOLDT
LGHH	LET'S GET HEALTHY HUMBOLDT
LBHB	LOCAL BEHAVIORAL HEALTH BOARD
LGBTQ	LESBIAN GAY BI TRANSGENDER QUEER
MAT	MEDICALLY ASSITED TREATMENT
MEV	MOBILE ENGAGEMENT VEHICLE
MTC	MODIFIED THERAPEUTIC COMMUNITY
MTFC	MULTI –DIMENSIONAL TREATMENT FOSTER CARE
MHSA	MENTAL HEALTH SERVICES ACT
MHSAOAC	MENTAL HEALTH SERVICES ACT OVERSIGHT AND ACCOUNTABILITY COMMISSION
MIST	MOBILE INTERVENTION AND SERVICES TEAM
MRT	MOBILE RESPONSE TEAM
NAMI	NATIONAL ALLIANCE ON MENTAL ILLNESS
NFP	NURSE FAMILY PARTNERSHIP
OLLI	OSHER LIFELONG LEARNING INSTITUTE
OSHPD	OFFICE OF STATEWIDE HEALTH PLANNING AND DEVELOPMENT
OTP	OFFENDER TREATMENT PROGRAM
PBIS	POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS

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PEI	PREVENTION AND EARLY INTERVENTION
PIT	POINT IN TIME COUNT
PCIT	PARENT CHILD INTERACTIVE THERAPY
PIP	PERFORMANCE IMPROVEMENT PROJECT
PBIS	POSITIVE BEHAVIORAL INTERVENTION SERVICES
PRA	PATIENT'S RIGHTS ADVOCATE
QPR	QUESTION PERSUADE REFER
RF	REGIONAL FACILITY
RFQ	REQUEST FOR QUALIFICATIONS
ROSE	RURAL OUTREACH SERVICES ENTERPRISE
RUPRI	RURAL POLICY RESEARCH INSTITUTE
SAPT	SUBSTANCE ABUSE PREVENTION AND TREATMENT
SUD	SUBSTANCE USE DISORDERS
SAMHSA	SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION
SDS	SAME DAY SERVICES
SOC	SYSTEM OF CARE
SV	SEMPERVIRENS
TBH	TRADITIONS BEHAVIORAL HEALTH
TIP	TRANSITION TO INDEPENDENCE PROCESS
TAY	TRANSITION AGE YOUTH
TFCBT	TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY
UCAF	UNITED ADVOCATES FOR CHILDREN AND FAMILIES
WRAP	WELLNESS RECOVERY ACTION PLAN