

HUMBOLDT COUNTY BEHAVIORAL HEALTH BOARD MEETING

March 16, 2017

Members present:	Tim Ash, Mike Wilson, Eric Thompson, Laurie Ruggles, Jana Kirk Levine, Marianne Pennekamp, Steven Bridenbaugh, Marguerite Story-Baker		
Members excused:	Christina Thompson, Marsha Mielke,		
Staff present:	Donna Wheeler, Interim Mental Health Director; Jet Dekruse, Senior Program Manager; Sue Grenfell, Senior Program Manager; Terrance McNally, Public Education Analyst, Leah Lamattina, Social Worker; Kellie Jack, Peer Coach; Connie Beck, DHHS Director; Lara Weiss, Public Health Deputy Branch Director, Ruby Bayan, Medical Director		
Guests present:	Lea Nagy, Marianne Long, Kaylie Adams, Tristen Severn, Draven Keller		
TOPIC	DISCUSSION	FOLLOW UP	PERSON RESPONSIBLE
1. Call to Order- 12:15 p.m.	Meeting called to order by Linda Atkins at 12:15	Informational	
2. Roll Call	All member, staff and guests introduced.		
3. Adjustments to the Agenda	Vice Chairman Laurie Ruggles reported that the presentation on the Data Notebook will be moved to next month's agenda.	Informational	
4. Public Comments	Leah Lammatina reported she would like to remind staff not to speak in acronyms as it can be hard for those not familiar with DHHS to follow the meeting.	Informational	
5. Communications	<p>a) Eric Thompson reported he has heard that speed use in the community is declining and asked if there was data available. Sue Grenfell reported that time in treatment is tracked and she can get this data and report at next month's meeting.</p> <p>b) Tim Ash reported that a stakeholders meeting for the First Break Psychosis committee is getting started and if any members are interested to contact Tim. The goal is to map out services in the county. Marianne Pennekamp reported that the schools representatives need to be invited to this.</p> <p>c) Laurie Ruggles reported that Marsha Mielke is out for a while and that as part of the Membership Committee she needs some assistance, Marianne and Tim agreed to assist Laurie to review applications,</p>		
6. Action Items: a) Approval of minutes from 2/16/17 meeting	The minutes from the last meeting on 2/16/17 were submitted for review and approval.	Unanimously approved as submitted.	

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6. Action Items: b) 2016 Data Notebook by CMHPC	Laurie Ruggles reported that the C&FS committee has met twice to review the data with staff and that the data presented was based on all small counties and staff are assisting in how to approach this. Staff pulled the Humboldt County data and are making changes. This is a good learning tool and there is another meeting with staff scheduled next week and the committee should be able to report in depth on this at next month's meeting.	Informational	
7. Presentation a) Stepping Up Summit	This item is forwarded to the April agenda for presentation.	Informational	
8. Reports: a) AOD Committee	a) Eric Thompson reported that at the committee is trying to help a local Transitional Living facility owner expand the available beds in his facility. Marguerite Story-Baker reported that she visited the facility which currently has 15 beds and is impressed with the facility, there is no limit to the length of stay and the facility treats men and women of all ages. The owner is trying to add 4 beds and is running into difficulty with the licensing and zoning. If anyone wants to call the facility to visit or assist the owner the phone number is 707-630-3619. b) Sue Grenfell reported that Partnership Health Plan has 2 grants for residential programs to get ready for the Drug Medi-Cal billing. c) Sue Grenfell reported there was community meeting at the Kimaw Medical Center to try and get resources for their community as there has been a lot of overdoses lately. Sue also reported there is Heroin in the community with added substances which makes it 100 times stronger and this is very dangerous. Marianne Pennekamp asked for a map of services and funding streams for these programs.		
8. Reports: b) DHHS Director	a) Connie Beck, DHHS Director reported a grant was submitted to map services provided to the mentally ill that are incarcerated... b) Connie also reported that budget meetings have been held throughout the county recently and one of the items Measure S which provides funding from taxes on Marijuana could be funding resource for providing treatment the mentally ill youth in the community.		

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<p>8.Reports: b) DHHS Director</p>	<p>b) Connie reported that First Five representatives were at all meetings and thanked Marianne Pennekamp for her help with this. Tim Ash reported that education is needed for youth on dangers of Alcohol and Drug use. Jet Dekruse reported that there are not a lot of services for AOD treatment for youth in the community. Marianne Pennekamp reported that the schools need to be part of the discussion also and increasing youth positive self-image is important. Connie Beck reported that the schools and the county are both having difficulties in hiring Social Workers for these programs. Some youth can also fall through the cracks and not be noticed if they are not acting very badly. Leah Lammatina reported that cultural classes are offered in some schools and this seems to help these students a lot. Leah Nagy reported that county now has Peer Coaches and Parent Partners that can assist families and youth with AOD and Mental Health problems.</p> <p>c) Connie Beck reported that not a lot is known about the Federal budget and the proposed cuts in services along with cuts in the ACA. Connie reported that Nancy Starck the Legislative Analyst follows this closely and there are decreases in funding expected with the new Federal budget. Mike Wilson reported that if the BHB wants to ask the BOS to take a position on the budget issues at the State or Federal level he would be glad to support this.</p>	<p>Informational</p>	
<p>8. Reports: c) Mental Health Director</p>	<p>a) Donna Wheeler, Interim Mental Health Director reported that the DHCS Triennial audit was held last week. The audit looks at our systems and chart reviews. Donna reported that the results of audit were outstanding and we got between 90-100% in all areas that were reviewed. A lot of work and preparation went into this and Donna reported she is very proud of the hard work staff does. Once we get the final report back from DHCS there will be a public announcement about the positive results of the audit.</p> <p>b) Donna reported that the CIT training was held last month and we have gotten a lot of great feedback on the training this year.</p>		

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8. Reports: c) Mental Health Director	<p>b) Donna reported that local Law Enforcement was happy with the training there may be a booster training in September and the annual training will be held in January or February. The Arcata Police Department now has all officers trained in CIT.</p> <p>c) Donna reported that Donna and Dr. Bayan continue to attend the Humboldt Del Norte Medical Society ER subcommittee meetings with the hospitals and clinics. We are expanding our mobile teams to reduce the children admits to CSU and there has been a clinician hired to deal with children's crisis. Dr. Bayan reported there needs to be more education on what services we can provide and a lot of the local hospital emergency rooms are using locum tenens MDs which makes it more difficult with the constant turn over. Dr. Bayan also reported we can't mix children with adults on SV and we need a facility for youth 5150a. Jet Dekruse reported we have the children's clinician for youth crisis interventions and the goal is to have 7 days per week coverage. Need to work on step down from SV and work on a consistent system for discharges. Some of the ideas are to involve more Peers and Parent Coaches in the discharge planning process and develop policies with TAY input.</p>	Informational	
8. Reports: d) Chairman/Vice Chairman	None		
10. Adjournment and upcoming meetings	The meeting was adjourned at 1:45 pm. The next scheduled meeting is on Thursday April 20 th at 12:15 pm in the Rainbow Room at HCMH.	Informational	
Minutes submitted by: Joe McManus Submitted to: BHB Date Submitted: 4/20/17			
ACROYNMS - Updated 2/17/17			
ACA	AFFORDABLE CARE ACT		
AFHHA	AFFORDABLE HOMELESS HOUSING ALTERNATIVES		
ADHD	ATTENTION DEFICIT HYPERACTIVITY DISORDER		

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ADCS	ALCOHOL DRUG CARE SERVICES
AHP	ARCATA HOUSE PARTNERSHIP
AIDET	ACKNOWLEDGE INTRODUCE DURATION EXPLANATION THANK YOU
APD	ARCATA POLICE DEPARTMENT
ART	AGRESION REPLACMENT THERAPY
AOD/DR	ALCOHOL AND OTHER DRUG DUAL RECOVERY
ASAP	ALLIES FOR SUBSTANCE ABUSE PREVENTION
ASIST	APPLIED SUICIDE INTERVENTION SKILLS TRAINING
BOS	BOARD OF SUPERVISORS
CAEQRO	CALIFORNIA EXTERNAL QUALITY REVIEW ORGANIZATION
CALMBC	CALIFORNIA ASSOCIATION OF LOCAL MENTAL HEALTH BOARDS AND COMMISSIONS
CALFHA	CA HOUSING FINANCE AGENCY
CANS	CHILD AND ADOLESCENT NEEDS (TRAINING)
CARF	COMMISSION ON ACCREDITATION OF REHABILITATION FACILITES
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER
CFMG	CALIFORNIA FORENSIC MEDICAL GROUP
CMHACY	CA MENTAL HEALTH ADVOCATES FOR CHILDREN AND YOUTH
CMHDA	CALIFORNIA MENTAL HEALTH DIRETORS ASSOCIATION
CMS	CENTERS FOR MEDICARE AND MEDICAID SERVICES
CCP	COMMUNITY CORRECTIONS PARTNERSHIP
CCRC	COMMUNITY CORRECTIONS RESOURCE CENTER
CCRP	CA CENTER FOR RURAL POLICY
CCT	COMPREHENSIVE COMMUNITY TREATMENT
CIT	CRISIS INTERVENTION TEAM/CRISIS INTERVENTION TRAIN
CIMH	CALIFORNIA INSTITUTE FOR MENTAL HEALTH
CR	COLLEGE OF THE REDWOODS
CYFS	CHILDREN YOUTH AND FAMILY SERVICES
C&FS	CHILDREN AND FAMILY SERVICES

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DHHS	DEPARTMENT OF HEALTH AND HUMAN SERVICES
DHCS	DEPARTMENT OF HEALTH CARE SERVICES
DMC	DRUG MEDI-CAL
DRP	DUAL RECOVERY PROGRAM
EBP	EVIDENCE BASED PRACTICES
ERMHS	EDUCATIONALLY RELATED MENTAL HEALTH SERVICES
ETD	EMPLOYMENT TRAINING DEPARTMENT
EPD	EUREKA POLICE DEPARTMENT
FFT	FUNCTIONAL FAMILY THERAPY
HART	HUMBOLDT ALCOHOL RECOVERY TREATMENT
HBHDC	HUMBOLDT BAY HOUSING DEVELOPMENT CORPORATION
HCGJ	HUMBOLDT COUNTY GRAND JURY
HSU	HUMBOLDT STATE UNIVERSITY
HCTAYC	HUMBOLDT COUNTY TRANSITION AGE YOUTH COLLABORATION
HCMH	HUMBOLDT COUNTY MENTAL HEALTH
HHHC	HUMBOLDT HOUSING AND HOMELESS COALITION
HRC	HUMBOLDT RECOVERY CENTER
HSU	HUMBOLDT STATE UNIVERSITY
IEP	INDIVIDUAL EDUCATION PLAN (FOR YOUTH WHO MEET EMOTIONAL DISTURBANCE CRITERIA)
ISP	INDIVIDUAL PLACEMENT AND SUPPORT
ITFC	INTENSIVE THERAPEUTIC FOSTER CARE
IY	INCREDIBLE YEARS
IHSS	IN HOME SUPPORT SERVICES
IOA	INSTITUTE ON AGING
IDDT	INTEGRATED DUAL DIAGNOSIS TREATMENT
IST	INCOMPETENT TO STAND TRIAL
LECAH	LAW ENFORCEMENT CHIEFS OF HUMBOLDT
LGHH	LET'S GET HEALTHY HUMBOLDT
LBHB	LOCAL BEHAVIORAL HEALTH BOARD

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LGBTQ	LESBIAN GAY BI TRANSGENDER QUEER
MEV	MOBILE ENGAGEMENT VEHICLE
MTC	MODIFIED THERAPEUTIC COMMUNITY
MTFC	MULTI –DIMENSIONAL TREATMENT FOSTER CARE
MHSA	MENTAL HEALTH SERVICES ACT
MHSAOAC	MENTAL HEALTH SERVICES ACT OVERSIGHT AND ACCOUNTABILITY COMMISSION
MIST	MOBILE INTERVENTION AND SERVICES TEAM
NAMI	NATIONAL ALLIANCE ON MENTAL ILLNESS
NFP	NURSE FAMILY PARTNERSHIP
OLLI	OSHER LIFELONG LEARNING INSTITUTE
OSHDP	OFFICE OF STATEWIDE HEALTH PLANNING AND DEVELOPMENT
OTP	OFFENDER TREATMENT PROGRAM
PBIS	POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS
PEI	PREVENTION AND EARLY INTERVENTION
PES	PSYCHIATRIC EMERGENCY SERVICES
PCIT	PARENT CHILD INTERACTIVE THERAPY
PIP	PERFORMANCE IMPROVEMENT PROJECT
PBIS	POSITIVE BEHAVIORAL INTERVENTION SERVICES
PRA	PATIENT’S RIGHTS ADVOCATE
QPR	QUESTION PERSUADE REFER
RF	REGIONAL FACILITY
RFQ	REQUEST FOR QUALIFICATIONS
ROSE	RURAL OUTREACH SERVICES ENTERPRISE
RUPRI	RURAL POLICY RESEARCH INSTITUTE
SAPT	SUBSTANCE ABUSE PREVENTION AND TREATMENT
SUD	SUBSTANCE USE DISORDERS
SAMHSA	SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMISTRATION
SDS	SAME DAY SERVICES
SOC	SYSTEM OF CARE

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SV	SEMPERVIRENS
TBH	TRADITIONS BEHAVIORAL HEALTH
TIP	TRANSITION TO INDEPENDENCE PROCESS
TAY	TRANSITION AGE YOUTH
TFCBT	TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY
UCAF	UNITED ADVOCATES FOR CHILDREN AND FAMILIES
WRAP	WELLNESS RECOVERY ACTION PLAN